

Have A Safe
and Happy
Independence
Day Weekend

Island Sun

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VOL. 17, NO. 52

SANIBEL & CAPTIVA ISLANDS, FLORIDA

JULY 2, 2010

JULY SUNRISE/SUNSET: 2 6:39 • 8:25 3 6:39 • 8:25 4 6:40 • 8:25 5 6:40 • 8:25 6 6:40 • 8:25 7 6:41 • 8:25 8 6:41 • 8:25



Bald eagles, pelicans and roseate spoonbills are artfully used for this version of the U.S. flag by John Swank, titled *Fly The Flag*

Freedom Will Rock The Islands This Weekend

The islands will celebrate Independence Day on Saturday, July 3 with a Freedom Rocks-theme parade followed by a fireworks display on Sunday, July 4 at dusk.

The parade begins at 9:30 a.m. at Island Inn Road and Tarpon Bay Road and will proceed along Periwinkle Way to Casa Ybel Road.

The fireworks will be launched from the north end terminus of Bailey Road. Best viewing of the fireworks display is from the bayside of Sanibel and from any of the Sanibel Causeway islands.

Other fireworks displays that can be seen from Sanibel and Captiva include:

- Cape Coral's Red, White & Boom! extravaganza will include fireworks and other activities in the city's downtown district.

The venue is Cape Coral Parkway at the foot of the Cape Coral Bridge on Sunday, July 4 from 4 to 10 p.m. Admission is free.

- Fort Myers Beach festivities kick

off with a 10 a.m. parade up Estero Boulevard. At 15 minutes after sunset, the fireworks show shoots off from the Fort Myers Beach Fishing Pier. Restaurants, lounges and other businesses will have music and activity in the Times Square area and the length of the beach.

Other Sanibel events include:

Saturday, July 3
10:30 a.m., 4th of July Backyard BBQ, Bailey's Shopping Center, 2477 Periwinkle Way
10:30 a.m., Independence Day Festival, Jerry's Shopping Center, 1700 Periwinkle Way

Noon, Sanibel-Captiva Optimist Club annual 4th of July Road Rally, starts at Timbers Restaurant, 703 Tarpon Bay Road

Sunday, July 4
4 p.m., The Dunes Golf & Tennis Club, 949 Sand Castle Road, Independence Day Celebration

The following retailers have obtained an annual sidewalk sales permit and may be holding special sidewalk sales over the holiday weekend:

Periwinkle Place Shopping Center, 2075 Periwinkle Way

continued on page 8

HORTOONS



American Legion

Attention all members, flag carriers are needed for the Fourth of July parade on Saturday July 3. If interested, call the legion at 472-9979 for details.

On Sunday, July 4, spaghetti and meatballs will be served all day.

Tuesday, July 6, will be the start of the electronic bowling league. It's two people per team so call a friend and sign up.

On Monday nights it's 9-ball pool with tournaments starting at 6 p.m. Thursday night is Texas Hold 'em at 7 p.m. Players are needed.

Every Friday the legion offers a six-ounce ribeye steak sandwich all day. Food is served all day every day. The public is welcome.

Hours are Monday through Saturday 11 a.m. to 9 p.m. and Sunday noon to 9 p.m. The legion is located at mile marker 3 on Sanibel-Captiva Road.*

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 2496 Palm Ridge Road

The Simplicity Of A Movie Reminds Us Of The Legacy We Can Leave

by Arlene Knox, Director of Relationships, Southwest Florida Community Foundation

Do you remember the movie *Forrest Gump*? I never tire of Forrest, his lifetime journey, and the eventual circle to his beginnings. Most folks have seen this movie at least three times. If you are like me, you clutch a pack of tissues and alternate between tears of laughter and sadness. And you probably cry at the same scenes, even though you know what's coming.

One touching scene highlights the universal sentiment of humanity. Forrest

Gump is called home to his dying mother. In their final conversation, Forrest (Tom Hanks), asks his mother Mrs. Gump (Sally Field), "What's my destiny, Mama?" to which she famously replies, "You're gonna have to figure that out for yourself. Life is a box of chocolates, Forrest. You never know what you're gonna get."

Is it really true that our life path is determined by chance choices? Can we create our own destiny, or is it already determined by our surroundings, luck, and circumstance? What are destiny and its close companion, legacy?

Webster defines a legacy as "something transmitted by or received from an ancestor or predecessor or from the past." It's a talent, a gift, a custom, or a way of life that is delivered from the past to the future. A destiny is a "will of force or a determining cause by which things in general are believed to come to be as they are." It's what will happen.

Perhaps we can determine our destiny by creating a legacy.

For some of us, to find our legacy we look no further than our children. Parents, caregivers, teachers, daycare workers, pediatricians, and other adults who work with children understand that they are glimpsing into the future and that they have some control (albeit limited) as to the outcome. They love children, train them, teach them, and point them in the right direction. They have helped create a new being that will enter

the future and carry on.

For others, a legacy is created through some time-honored family tradition. Think about a family-owned restaurant operated by three generations of the same family – a rich work ethic carried from family to family. Or a promise made by a grandfather and carried out by his grandchildren to always have an empty place at the table for a guest or person in need. These actions are carried out for the good of a future recipient.

We help build legacies at the Good Neighbor Community Foundation of Sanibel Captiva when an individual wants to help a nonprofit or a segment of society. An individual can change the future, even after death, by establishing an endowed fund. Legacy gifts, generally defined as gifts through your will or estate, can be used to establish the fund for perpetuity. And he or she can create a legacy for their own family; future generations can contribute to the fund and grow it to meet community needs. The fund can be earmarked for a specific nonprofit, a general area of need in the community, or left to be used where most needed in Southwest Florida.

Creating your own legacy begins by thinking about important moments in your life. Military service, a difficult childhood, witnessing injustice, caring for a disabled sibling, living with a drug-addicted family member, and other life experiences shape our perspectives of how we want to change the future for the better. Conversations with family, clergy, professional advisors, or close friends can also help define a future legacy. Of course, you can always reflect on Mrs.

Gump's wise advice to Forrest: "I happen to believe you make your own destiny. You have to do the best with what God gave you."

The destiny of your community is determined by the legacy you leave to others.


The Good Neighbor Community Foundation of Sanibel-Captiva is a division of the Southwest Florida Community Foundation, which has been supporting the communities of Lee, Charlotte, Collier, Glade, and Hendry counties for over 33 years. Through 331 endowed funds, the foundation has provided more than \$46 million in grants and scholarships to the communities it serves. For more information, call 274-5900, or visit www.floridacommunity.com.✪

Canal Trimming Project To Begin


The City of Sanibel announced that vegetation trimming of the Sanibel Estates public canal system will begin on Tuesday, July 6. The hours are 7 a.m. to 5 p.m. Monday through Friday, including some Saturdays. The work will continue for a few weeks.

The purpose is to trim overgrown vegetation and remove fallen debris from the canal system to provide a clear and navigable corridor for marine craft. Boaters are requested to use all due care while trimming operations are under way.

For information contact Public Works at 472-6397.✪




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July 4th, 2010

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Sanibel-Captiva Kiwanis Club Goes For Gold

FISH (Friends In Service Here) of Sanibel has announced that the Sanibel-Captiva Kiwanis Foundation, Inc. has become its first 2010 Gold Sponsor of the 10k Race 4 FISH.

"We are delighted to become a Gold Sponsor of the FISH 10K this year," said John Morse, Kiwanis president. "Kiwanis has been a strong supporter of FISH for many years. We admire the work it does on the islands and being a Gold Sponsor for its main fundraising event was a natural extension of our support. We hope to see many of our Kiwanis members and friends out running or volunteering at the race."

The race, which begins at 7:30 a.m. on October 16 at the Community House, will follow a marked 10k circuit around the island, returning to the Community House for the finish line. There will also be a trade exposition, aimed at the runners and their families and friends, as well as refreshment tables and water stations around the island for runners.

The race is being held in conjunction with the Fort Myers Track Club and is



Kiwanis President John Morse, center, with from left Ed Riddlehoover, co-chair of the FISH 10K Committee, and FISH Board Members David Wright and Jerry Edelman

expected to attract more than 500 runners this year.

"A big thank you to Kiwanis for supporting FISH," said Ed Riddlehoover, co-chair of the FISH 10k committee. "We are very excited about the race this year; we are getting very positive support from our local communities on Sanibel and Captiva, as well as from the greater Fort Myers area, and we think the race will be

a great success."

The Kiwanis Club of Sanibel-Captiva Islands was founded in 1973 and has 96 active members. The Sanibel-Captiva Kiwanis Foundation, Inc. provides nearly \$100,000 annually in grants to various community organizations and schools, including \$45,000 in scholarships. The club and foundation focus their grants on support of island youth.*

Celebrate Sanibel Week

The Sanibel Historical Museum And Village with cooperation from the Committee Of The Islands will present the third annual Celebrate Sanibel Week November 7-12.

Celebrate Sanibel has been an island event the last two years.

It starts with a kickoff celebration on Sunday, November 7 at the Community House at noon with clubs of the islands showing off their themes and projects in the auditorium. At 1 p.m., after an introduction by the mayor or his representative, Charles LeBuff will give an audio-visual presentation on the Sanibel Lighthouse and his experiences there, as well as being one of the first City Council members on Sanibel.

Admission is free.

On Monday through Thursday, there will be tours of the "Ding" Darling Preserve, CROW, FISH, the Shell Museum, the Historical Museum, SCCF, Tarpon Bay Explorers and CHR Housing. Special programs may be added in the next few months by other organizations. Most events are free

On Friday, Casa Ybel Resort will serve an old time luncheon on the beach under a tent from 11:45 a.m. to 2 p.m.

Sponsors include: the Sanibel/Captiva Chamber Of Commerce, The Sanibel Historical Museum And Village, Committee Of The Islands, "Ding" Darling Wildlife Preserve, Community Housing Resources, Zonta, Rotary, Lions, Kiwanis, The Community Center and BIG ARTS.

The concept of Celebrate Sanibel is to recognize the formation of the city in 1974 and everything that the city has

done to nurture 501(c)3 organizations to serve the public. It is also a reminder to keep the Sanibel Plan intact and to stay forever vigilant so that the plan is not destroyed.

For more information, to become a sponsor or to help, call Alex Werner, co-chair, at 472-8871.*



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2010 INDEPENDENCE DAY PARADE ROUTE INFORMATION

Saturday, July 3

Parade Route Info

★ We wish to extend the courtesy of informing you and your family of the route and times that will affect the access to your home or business the morning of the parade.

★ The parade begins at 9:30 am. at Tarpon Bay Road and Periwinkle Way and proceeds up Periwinkle Way to Casa Ybel Road. The parade route will close at 9 a.m.

★ We certainly hope that this will not inconvenience you in any way. Your patience and support are sincerely appreciated.

★ Come join the Friends and Family of the Island's 20th Annual Independence Day Parade and celebrate your Independence Holiday ~ *Island Style*

Come join in the Fun!
This year's theme is **FREEDOM ROCKS!**

If you are interested in participating in the parade or would like additional information contact Trish Phillips at 246-2981.

Parade Parking

- ★ Jerry's Shopping Center
- ★ Sanibel Community Church
- ★ Forever Green Shopping Center
- ★ Tahitian Gardens Shopping Center
- ★ Periwinkle Place Shopping Center
- ★ Congregational Church
- ★ Sanibel Square
- ★ Winds Shopping Center
- ★ The Village Shops
- ★ Palm Ridge Plaza
- ★ Bailey's Shopping Center



Our 31st Year Sanibel-Captiva Optimist Club

July 3rd 2010

STARTS AT NOON AFTER THE PARADE HERE:




Registration from end of Parade to 12:00 Noon Saturday, July 3rd, in the parking lot at Timbers Restaurant
703 Tarpon Bay Road Sanibel Island, Florida
REGISTRATION FORMS ALSO AVAILABLE AT BAILEYS, SAN-CAP COMMUNITY BANK, SANIBEL CAFÉ AND TIMBERS/GRILL
Conducted by: The Sanibel Captiva Optimist Club


The Sanibel - Captiva Optimist Club is a 501(c)3 Corporation and your donation is fully tax deductible. Please note that we are an all-volunteer, not-for-profit organization and all of the funds go directly to Helping The Kids

31st ANNUAL ROAD RALLY



The Sanibel Captiva Optimist Club
2010 Official Entry Form

For an early start time, Mail this form along with entry fee (\$35.00) to:
Sanibel Captiva Optimist Club
P.O. Box 1370 Sanibel, Florida 33957
Additional Info Randy @ 699-8739 or Richard @ 292-4631
on-line @ www.sancapoptimist.org
Contact - e-mail Sanicapoptimist@comcast.net

Card Type Visa MasterCard

Ex: Date _____ 3 Digit code on back _____ Card # _____

Team Name: _____

Driver's Name: _____

Navigator's Name: _____

Where Can We Contact The Team Leader? Please Print:

Team Leader Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Day Phone: _____ **Evening Phone:** _____

Time Out: **Time In:** **Total Time:**



Mileage Out: **Mileage In:** **Total:**

Route Score: **+ Bonus:** **- Penalties:** **Total:**

Entry Fee \$35.00 Includes:
Car, Driver, Navigator, Unlimited Crew, and 1 Official Road Rally T-Shirt
(Additional T-Shirts will be available for \$15.00)

Penalties:

- Five points deducted for each mile over or under computed mileage.
- Two points deducted for each minute over or under course time.--
- Entry disqualified for exceeding posted speed limit.
- Entry disqualified if not at finish point within 2 1/2 hours.
- The Rally Master reserves the right to adjust the time equally for all contestants if conditions warrant.
- Afterglow party in The Sanibel Grill @ The Timbers Restaurant!



Registration from end of Parade to 12:00 Noon Saturday, July 3rd, in the parking lot at Timbers Restaurant,
703 Tarpon Bay Road, Sanibel Island, Florida
Conducted by: The Sanibel Captiva Optimist Club

The Sanibel - Captiva Optimist Club is a 501(C)3 Corporation and your donation is fully tax deductible. Please note that we are an all-volunteer, not-for-profit organization and all of the funds go directly to Helping The Kids



Cast a ballot for your favorite parade entry at The Community House

Live Video And Audio Feed Of Parade At The Community House

Stay cool at The Community House during the Independence Day parade on July 3 and watch all the excitement via live video and audio feed. Cool beverages will be served along with frozen ice cream treats donated by Dairy Queen of Sanibel. Doors will be open to residents and visitors from 9 a.m. to noon. You can also set up your chairs outside.

Dancing with the Islands' Stars videographer Rusty Farst will reunite with emcee Evette Zurbriggen, who will be stationed in front of The Community House announcing the floats and interviewing parade goers. Thanks to Billy's Bike and Billy's Rentals, who are underwriting the costs of the live feed.

A new addition to the parade this year is the People's Choice Award, sponsored by The Community House. Ballots will be handed out along the parade route so you can vote for your favorite parade entry. Ballots must be returned to The Community House by noon on parade day. An award banner will be presented to the 2010 People's Choice winner for display on their 2011 float.

Parking is free at The Community House but plan to arrive early as Periwinkle Way closes to traffic at 9 a.m. For more information call 472-2155.*

Sanibel Recreation Center Hours

Sanibel Recreation Center is open regular hours on Friday, July 2, Saturday, July 3 and Sunday, July 4. All classes will be offered.

This Independence Day weekend, take some time to stay Fit 4 Life at the Sanibel Recreation Center. The Rec center will operate under normal business hours and maintain all land and water aerobics classes on Friday, Saturday and Sunday.

Facility Hours

Friday, July 2	6:30 a.m. to 6:30 p.m.
Saturday, July 3	8 a.m. to 5 p.m.
Sunday, July 4	12 to 5 p.m.

Lap Pool

Friday, July 2	6:30 a.m. - 6:30 p.m.
Saturday, July 3	8 a.m. to 5 p.m.
Sunday, July 4	12 to 5 p.m.

Features Pool and Splash Pad

Friday, July 2	12 to 5 p.m.
Saturday, July 3	12 to 5 p.m.
Sunday, July 4	12 to 5 p.m.

Water Slide

Friday, July 2	2 to 5 p.m.
Saturday, July 3	12 to 5 p.m.
Sunday, July 4	12 to 5 p.m.

Special member guest and visitor rates are available. Bring your family and friends for the day.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information call 472-0345 or visit www.mysanibel.com.*

From page 1

Freedom Will Rock The Islands

The Village Shops, 2340 Periwinkle Way
 Tahitian Gardens Shopping Center, 1975-2019 Periwinkle Way
 Olde Sanibel Shoppes, 630 Tarpon Bay Road
 Seahorse Shopping Center, 362 Periwinkle Way
 Sanibel Seashells (www.seashells.com), 1544 Periwinkle Way
 Sanibel Square, 2240 Periwinkle Way.*

Captiva Community Panel Quorum

There will be a quorum for the next meeting of the Captiva Community Panel, set for Tuesday, July 13, beginning at 9 a.m. at Tween Waters Inn, Captiva. It is not certain whether there will be a super-majority quorum attending in person, as required to approve the bylaws amendment; plans will be made to provide call-in access to panel members not able to attend for that portion of the meeting to enable them to vote.*



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Miss Florida Climbs Sanibel Lighthouse For Cancer Research



Megan Clementi about to begin her climb of Sanibel Lighthouse's 135 steps

by Anne Mitchell

Miss Florida, 26-year-old Megan Clementi, climbed the 135 steps of Sanibel's historic lighthouse on Tuesday and scratched one more lighthouse off the 30 she plans to visit

and climb before her reign ends July 10. Clementi's Climb for the Cure, which she created, is to scale all the climbable lighthouses in the state, a total of 30, to raise money for breast cancer research for the Susan G. Komen fund. She began her challenge in January and is closing in on her goal.

"I thought it would bring new attention to the cause and to highlight the need to restore our Florida lighthouses," she added.

After Sanibel, Clementi went on to Port Boca Grande and Gasparilla Island lighthouses. The previous day she had climbed Hillsboro and Cape Florida lights.

With her on Sanibel was John Kennedy, treasurer of the Florida Lighthouse Association. "Quite a few lighthouses are not climbable," he said. "Cape Canaveral is under construction until August," he added. There are also reef lights that aren't physically climbable.

"I wish I could spend more time in each city," said Clementi. I have made so many contacts. Her personal favorite was the Old St. Joe Lighthouse "because a



Megan Clementi with U.S. Coast Guard officers Smith and Toval, who accompanied her on the climb

person actually lives in it and he showed us around."

Upon her graduation from Jupiter High School, Clementi auditioned for Tokyo Disneyland's only dance show, Once upon a Mouse. Before she knew it, she moved halfway around the world to perform for seven months.

In the fall of 2004, she became an

Orlando Magic dancer and was named captain for 2006-09 and was a game emcee during the past two seasons.

Clementi attended the University of Central Florida where she received her bachelor's degree in electrical engineering and minored in engineering leadership. ✨

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Historical Museum Will Be Closed On Saturday, July 3

The Sanibel Historical Museum and Village will be closed on Saturday, July 3 in observance of the Independence Day holiday. The museum, located at 950 Dunlop Road (next to BIG ARTS), is currently observing summer hours and is open Wednesday through Saturday from 10 a.m. to 1 p.m.

The Sanibel Historical Museum and Village, a non-profit 501(c)3 corporation, is comprised of seven historic buildings which have been preserved and moved to the village site. Each building contains exhibits and artifacts highlighting Sanibel's past. Many of the island's pioneer families are featured as well as their commercial endeavors in agriculture, fishing, and tourism. Admission is \$5 for adults, 18 and older. Children are free. For more information call 472-4648 during business hours.✪

To advertise in the *Island Sun* Call 392-1213

Local Lions Donate To Florida Camp



Wally Cain, a Kiwanian; George McKinnell; Barb Cage, camp administrator; Dick Travas; Dean Skaugstad and Liz Cage, camp director

The Sanibel Captiva Lions Club presented a \$5,400 donation to the Florida Lions Camp.

Established in 1974, the Florida Lions Camp is a private non-profit, inclusive camp dedicated to serving the needs of youth of varying ability levels, and adults with physical and developmental challenges. The camp is considered to be one of the leading inclusive facilities of this type in the United States.

Between October 2008 and September 2009, the Florida Lions Camp sponsored 136 campers from Lee County, of whom nine were from Sanibel. The camp provides a variety of traditional summer activities such as swimming, outdoor camping and sporting events adapting them to the age and ability of each camper to ensure maximum participation, safety and fun. In addition to other seasonal programs the Florida Lions Camp provides year-round respite services for the campers' caregivers.

For more information about the Florida Lions Camp, visit: www.lionscampfl.org.

"We would like to thank all those who have contributed," said Tom Hoover, the Lions Club's incoming president. "Your ongoing support is essential to the Sanibel Captiva Lions Club and to our commitment to serve such worthwhile causes in our own community, as well as around the globe."✪

BIG SALE

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 Temple of the Islands, meets for Friday
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Sanibel Community Church:
 1740 Periwinkle Way, 472-2684
 Dr. Daryl Donovan, Senior Pastor
 Barb Nave, Associate Pastor
 Tom Walsh, Youth Pastor
 Sunday Worship Hours:
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 with Communion

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 2050 Periwinkle Way at 7:30 p.m.
 A pot luck is held at a member's home on
 the third Sunday of each month.
 For more information call 433-4901 or
 email ryi139@aol.com.✱

Church Sponsoring Camp In Alva



Pastor Daryl Donovan (left) leads small group discussion during 2009 camp

Sanibel Community Church will once again sponsor Camp Endunamao in Alva for children going into 3rd through 6th grades. It's a weekend of fun, water, games, crafts, cabin life and getting into God's Word. This is a great weekend of spiritual formation for the children. Call the church office at 472-2684 or visit www.sanibelchurch.com under Children's Ministry for more information.✱

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Summer Celebration To Benefit FISH

Lily & Co Jewelers will be holding its fourth annual Summer Celebration on July 10 from 11 a.m. to 3 p.m. All proceeds from the event will benefit FISH (Friends In Service Here) of Sanibel.

This fun family event is open to everyone and will include complimentary drinks, smoothies, hot dogs and snow cones. There will be many attractions at the party including complimentary guided Segway tours and an opportunity to see the Sanibel Fire and Rescue fire truck. Take your best shot and try to dunk island celebrities including Ric Base, executive director of the chamber of commerce, Billy Kirkland of Billy's Rentals, Richard Johnson of Bailey's, and Dan Schuyler, co-owner of Lily & Co.

Guests are asked to bring a donation of non-perishable food items for the FISH food pantry and to buy raffle tickets for a chance to win a 24-speed comfort cruiser bike – courtesy of Billy's Rentals, and a host of other prizes from local retailers. Raffle tickets are available in advance at Lily & Co for \$1 each or six for \$5. You need not be present to win.

The event is supported by Bailey's General Store, Billy's Bikes and Rentals, Coffee Bar @ Bailey's and George Schnapp's restaurant, coming soon to Bailey's Center.

Lily & Co. is at 520 Tarpon Bay Road.

FISH of Sanibel, Inc. is a non-profit, staffed by volunteer organization, assisting Sanibel and Captiva islanders and visitors with a wide range of services. For more than 28 years FISH has been a "neighbor helping neighbors" by offering a range of human services.*

Veterans' Annual Freedom Photo

Harley-Davidson/Buell of Fort Myers is inviting all past and present military personnel to stop by on Saturday, July 3 at 10 a.m. to partake in their Freedom Photo, in honor of the sacrifices made by local veterans to safeguard the freedoms that Independence Day represents.

The group photo will be taken at approximately 11 a.m. and participants are asked to arrive by 10 a.m. They are encouraged to wear their uniform, colors and patches.

All guests will receive a copy of the photograph. Barbecue from Texas Tony's and refreshments will be provided along with live music following the photo. No RSVP is necessary.

For more information, call the dealership at 275-4647 or visit www.hdfortmyers.com.

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Email Friends Keep Eyes On Okeechobee

by Barbara Joy Cooley,
President, Committee of the Islands



It is good to have friends and allies; it is good to know we are not alone.

That thought has come to me often lately, especially in my role with the Committee of the Islands. So many people here pitch in to help protect our

sanctuary island. That has been borne out most recently in our efforts to help prevent the brutally polluting effects of Lake Okeechobee water releases on our bay and estuarine habitat. The island press has bloomed with articles about the efforts of city council and various groups and individuals committed to this task.

I was reminded of all this again on June 16 as I sat at my desk reading the latest "conversation" among my Lake O community of email friends. This is a group of people who have been sharing emailed information, concerns, and ideas about the Lake O water releases for years.

I had just learned that one among us lost a son to a car accident the previous weekend, and I was struck by the endur-

ing nature of the relationship that we have.

We all felt it, as if the victim were a member of our neighborhood, although almost none of us has ever met the young man. We felt the pain of our colleague who suffered that horrible loss, the loss of a child.

This email community began in 2005, when the waters around those of us to the east and west of Lake Okeechobee were suffering from nasty algae blooms that were caused by massive releases of Lake O water in 2004 and 2005. Oyster and sea grass beds, scallops and fish were dying. Some water managers hoped we would never bond; they hoped instead to pit the east against the west, and vice versa.

Instead, we united. "We" are the community leaders, some local officials, activists and environmentalists who have a common need to be informed about everything having to do with the causes of the polluting releases. We watch Lake O like hawks. We crave information. We provide it to each other, via an ongoing email group that refuses to die. We want to save our estuaries, east and west. We want to send the Lake water to the thirsty Everglades instead.

And in addition to sharing information, we converse about it – every time someone hits the "reply all" button and offers his or her two-cents. That happens often. We learn a lot from each other. Sometimes our "conversations" become slightly heated, because we care.

There are about four dozen of us. We are the kind of people who don't mind reading 33-page reports and hundreds

of news articles that relate to the vexing problem we share.

Send the Water South

In the west, we are empathizing with those who are now seeing toxic blue-green algae re-appear in the St. Lucie River to the east of the lake. Today, as I write, we are starting to see that blue-green algae coming out of the lock at Moore Haven, into the Caloosahatchee, flowing westward. We all push together for ways to send the water south – all of which seem to be taking way too long.

In the beginning of our community, there were two email lists – I created one on the west, and Ted Guy created one on the east. Ted and I had slightly different methods for searching for and presenting news articles, commentaries and other information of interest to our groups. My initial main goal was to educate and inform local officials, who prior to 2004 did not seem to be very aware of the way the broken water management system worked. We had been, after all, through years of drought when the problems weren't so apparent.

In the early days, Ted's group was more focused on activists who were mad as heck, and ready to file a lawsuit. Our groups overlapped – there were east coasters in my group who were also in Ted's, and west coasters in Ted's group who were also in mine.

By sometime in 2008, it was clear to me that my goal had been achieved. Local officials were now all painfully aware of the problem and its causes. There was no need for me to duplicate Ted's efforts any longer. The die-hards among us remained in Ted's email group, and I put my Lake O email list of about 50 addresses to rest. The two email groups merged.

Four Years After Charley

I sent a last email to my group on August 14, 2008 – on the fourth anniversary of the day after Hurricane Charley. Upon hearing that I was ending my email news service, Commissioner Bob Janes wrote, "You have performed an excellent service to us all." A former Clinton White House official wrote, "Your news clipping service has been such a gift. Thanks for doing this for so long." Members of the board of the Committee of the Islands wrote to thank me for the service as well.

Sanibel Natural Resources Director Rob Loflin wrote, "Thanks for the info over the last several years! Your emails were often the first I'd heard of a particu-

lar development and very useful in planning strategy and pushing buttons." A former Sanibel mayor wrote, "You have no idea how extraordinarily useful your clipping service has been. It has served many people working on this issue from many different perspectives; and I know that our jobs would have been much harder without your combing the press. Those of us already occupied more hours than there are in a day really benefited from your service!!"

I gave instructions to my former list members on how to set up Google and Yahoo news alerts to take the place of my service. But Ted's group continues on. We owe a debt of gratitude to Ted Guy for continuing the email news service for the die-hards.

We've been together in cyberspace for years now, and we show no signs of fading away, just as the perplexing problem of Lake O water going the wrong way shows no sign of letting up soon. We are scattered across the state, from east to west, and we remain in touch – almost daily. Sometimes some of us see some of the others in the flesh, for example at meetings of the South Florida Water Management District's various committees. But mostly we talk via email.

Who are we? We include scientists, leaders of environmental groups, marina owners, lawyers, former elected officials, magazine publishers, boat captains, community activists, realtors, and many more. We are information-hungry people who love our south Florida environment, and we won't give up.

If you are interested in joining a similar news service, try Eco-voice.org, a public service to facilitate the flow of information about environmental issues and events in South Florida.

So we, here on Sanibel, in the city government, on the Committee of the Islands, on the other fine groups that seek to protect our environment, have friends and allies across the state advancing our ideas, our causes.

We are not alone.

Note: If you have ideas or opinions on this subject, Committee of the Islands welcomes your input. Please email it to coti@coti.org. To see other commentary on the Lake O water releases, visit our web site at coti.org.*



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Rotary Happenings

submitted by Shirley Jewell

A few weeks back we had Suzanne Specht, assistant director at the FGCU Small Business Development Center (SBDC) speak to us about programming of providing counseling, low-cost seminars, workshops, and on-line training for those that would like to start or educate themselves about starting and succeeding at running a small business. As sort of a companion speaker, this week we had the director of Girls Going Places of Southwest Florida, Lynne Tarman, and Stefanie Ink from Alliance Financial Group, Fort Myers speak about a program that supports, encourages, and educates young women ages 12 to 18 about entrepreneurship and financial independence. The program in Fort Myers was a pilot program, which has since gone national. This particular program is directed to female students and helping them realize their dreams of business ownership and entrepreneurial adventures.

Each year Girls Going Places focuses in on two important areas of encouragement. First, they award cash scholarships of approximately \$30,000 to three top winners and 12 finalists in the Girls Going Places Entrepreneurship Award contest. This contest is designed to encourage young women that have already shown entrepreneurial spirit (ages

12 to 18) and have already become involved in successfully demonstrating that drive to make their imprint on society. The three top winners last year were: Jessica Cervantes, 18, Miami, Florida, for creating an innovative new generation of children's treats, Popsy Cakes; Christina Johnson, 18, Bronx, New York, founder of Homestyle Caterers, co-founder of Hamilton Art Gallery and the non-for-profit organization Bring it On to promote youth leadership and community involvement; and Carly Houlahan, 14, Devon, Pennsylvania, who co-founded the nonprofit, Hives For Lives, with her sister producing honey and other hive derived products. Within five years they have donated over \$125,000 to cancer hospitals and research centers to help find a cure for cancer.

The second focus has a particular local application. Alliance Financial Group, Florida Gulf Coast University and The Small Business Development Center have just sponsored a Girls Going Places Entrepreneurship Conference at FGCU. In their letter to prospective sponsors it



Lynne Tarman and Stefanie Ink

states, "The event joins approximately 140 female students from middle school and high schools from the Lee, Charlotte, Hendry and Collier counties along with local women business owners, career executives and entrepreneurs for activities and discussions that introduce entrepreneurship and business ownership. School administrators select girls that they feel would most likely benefit from the information and the experience. The best conferences involve a diverse audience of girls; hence, the program is not limited to high academic achievers. The Girls Going Places conference is a day-long workshop designed to mentor and educate young women ages 12 to 18 about entrepreneurship and financial independence, and give local women in business a platform to mentor and inspire future female entrepreneurs."

According to Tarman the Girls Going Places conference is a high-energy fun day that is designed to focus on the skills and discipline necessary to have a successful financial future whether in business or in life. The girls take part in a number of fun exercises that demonstrate the trials and tribulations of becoming financially responsible for their business successes.

A game has been designed for the program, titled Hot Company, somewhat fashioned after Monopoly and LIFE, with pitfalls and challenges of running a real business entity; finding challenging and thought-provoking solutions. There is a Product in a Box challenge. Teams have one hour to design a product from the content of their box, make a business plan and develop a marketing and sales strategy. The girls also experience an extremely meaningful meet and greet session with women business owners in our community. This allows the girls to ask questions of these successful women and involves the mentors in sharing knowledge and encouragement to these young women.

The Sanibel-Captiva Rotary Club meets at 7 a.m. every Friday morning at Beachview Steakhouse, 1100 Par View Drive. If you would like further information regarding the Sanibel Rotary or Rotary International, call 337-1099.*



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CROW Case Of The Week:

Gopher Tortoise

by Brian Johnson



Some patients stay at CROW for an extraordinarily long period of time. Patient #08892, a gopher tortoise from Cape Coral, arrived on April 1, 2008 and was just released this summer on

June 17, 2010. That's 808 days in residence.

"She's a long timer, and she's a success story," said Dr. Amber McNamara.

The tortoise, presumably hit by a car, came to the clinic in woeful shape. She had a "punched in" fracture over her hip with a blood clot, and fractures on her upper carapace.

"She did not want to move at all, which was pretty understandable," said Dr. Amber. "She had substantial deficits in both legs."

Staff provided her with two types of pain medication as well as antibiotics, and swabbed her wounds with saline dressing. Dr. Amber jumped in with an acupuncture treatment on Day 2 to try to jump start the flow of energy through her legs.

The gopher tortoise survived the first week, and over the next two months her wounds and fractures healed over. She received a total of four acupuncture treatments in April.



Tortoises feeding in ICU

"Compared to what we did when I started here as a student, we have found that employing acupuncture gets them started on a path to recovery more quickly," said Dr. Amber.

In addition, they placed her on a physical rehab program consisting of range of motion exercises, acupressure, and walking on grass, gravel and up the ramp to the Roberts Cage.

Through the summer and autumn of 2008 the tortoise continued to gain

strength in her legs and head toward full recovery. But in January of 2009 something happened.

"She became really dull, with discharge from her nose, edema and increased respiratory effort," said Dr. Amber. "She looked awful, we really thought we would lose her. She had wounds on her elbows, so she may have been bitten by fire ants. We still don't know what happened to her."

CROW staff went back to the drawing board with antibiotics, acupuncture, and anti-inflammatories. But it took a full six months to come out of this depressed condition. "It was a real trough in her recovery," said Dr. Amber.

In July she exhibited a brighter demeanor, and work on her locomotion resumed.

"Thankfully we have a lot of volunteers to graze the tortoises," said Dr. Amber. "Nancy Green and Pat Appino, in particular, spent a lot of time with this patient. The volunteers can take a lot of credit for her success."

CROW kept her during last winter to make sure she was strong enough for release, and returned her to the wild on June 17.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from the Gulf Coast of Florida. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org

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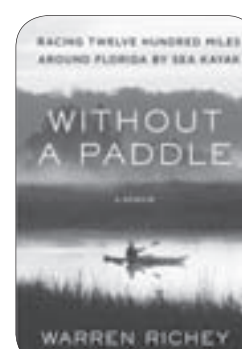
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Fourth Of July Display At Local Gallery



Eagle Eyes by John Swank

Photographs by John Swank can be seen at Harbour View Gallery in Cape Coral, an artists-owned cooperative comprised of award winning local artists. Swank's *Flying the Flag*, *American Icon* and Cape Coral's Iwo Jima Memorial will be available as posters as well as fine art prints and note cards.

His work includes fine art, nature and stereo (3D) images available as archival quality prints, art tiles and note cards.

He has been honored by the Art League of Fort Myers, the Art Council of Southwest Florida and the Potomac Society of Stereo Photographers. His photographs were featured in a one-person show at the Morgan House Restaurant in downtown Fort Myers late last year.

"I enjoy exploring and capturing the extraordinary aspects of everyday events and places, as well as finding unique locations and points of view," Swank said. "The world I see and strive to share is uplifting, inspiring and fun."

He shoots and prints his photographs digitally, limiting changes to traditional dark-room adjustments. He has lived in South Fort Myers for five years, moving from the Washington D.C. area, where he worked for members of Congress, the Maritime Administration and Federal Aviation Administration.

Swank can be reached via his Web site at <http://johnswankphotos.com> or by e-mail at jswank@fwphotos.com.



Iwo Jima by John Swank

Road Rally Rolls July 3 At Noon

The Independence Day parade theme is Freedom Rocks! so the Sanibel-Captiva Optimist Club adds its compliments with The Road Rally Rolls! Residents and visitors are invited to participate in this fun and challenging annual island tradition beginning at noon on July 3.

The Road Rally is not a race. It's a scavenger hunt for answers to clever questions. The entry fee per vehicle is \$35. You will be provided with detailed directions and questions – you find the answers along the way. The route takes a little over two hours. This year, start and finish will be at the Timbers Restaurant, 703 Tarpon Bay Road. You may pre-register and request a preferred start

time. All entrants will be able to see the parade first. Entry forms will be available from The Sanibel Café, Bailey's General Store, American Legion Post 123 and the Sanibel Grill/Timbers Restaurant.

Following the rally, the Sanibel Grill (at Timbers Restaurant) will be open for a post-rally party for everyone. Prizes will be awarded for time and distance closest to the race committee's target plus points for answers to the questions, and for the best decorated vehicles. There will also be a 50/50 drawing.

Members of the business community, co-workers, individuals, groups and families can join in. Make your entry check payable to the Sanibel-Captiva Optimist Club Foundation.

For more information call Randy Carson at 699-8739, Richard McCurry at 292-4631 or Dan Alton at 472-3861, or e-mail sanicoptimist@comcast.net.

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New Education Ranger At Wildlife Refuge

Becky Wolff arrived at J.N. "Ding" Darling National Wildlife Refuge on June 2 to take the position of environmental education specialist vacated by Toni Westland when she was promoted to supervisory refuge ranger in September 2009.

Wolff comes here from Cherokee, Oklahoma, where she served as the outdoor recreation planner at Salt Plains National Wildlife Refuge.

"I was in charge of their visitor services division and was involved in several partnerships with other wildlife refuges, state



Becky Wolff

and the Oklahoma Department of Wildlife Conservation," said Wolff, a graduate from Ohio State University in animal sciences and history education and a confirmed Buckeyes fan.

She did her internship at Chincoteague National Wildlife Refuge in Virginia, followed by a two-year term position there.

Born and raised in Streetsboro, Ohio, Wolff's appreciation and education of nature began early in life.

"I was raised to love the outdoors and appreciate nature's blessings," she says. "My pappy -- my grandfather -- always told me 'unless you love walls, never work behind them' -- a statement that I took to

heart. Now my classroom is nature and I'm the interpreter."

Wolff's love of birding and aspirations to become a lead environmental educator eventually brought her to Sanibel.

"I'm a birder at heart, so it is so amazing driving to work every morning and seeing osprey, frigate birds, pelicans, and the terns," said Wolff. "Oh, the birding is amazing! I just love learning about this place."

Getting acquainted with a new ecosystem and the local science teachers are the biggest challenges facing her at this point. She's happy to be leading a summer program, and once she gets into the swing of things plans to "try out new things and ideas.... add some 'Becky Flair' to things," she said. "I have a lot of goals that I want to do here at 'Ding.' My main goal is to be worthy of the honor of working at such an amazing refuge."

The environmental education program at "Ding" Darling is funded in part by "Ding" Darling Wildlife Society-Friends of the Refuge, a non-profit organization that supports the Education Center, "Ding" Darling Days, and other educational and research programs at the refuge.*

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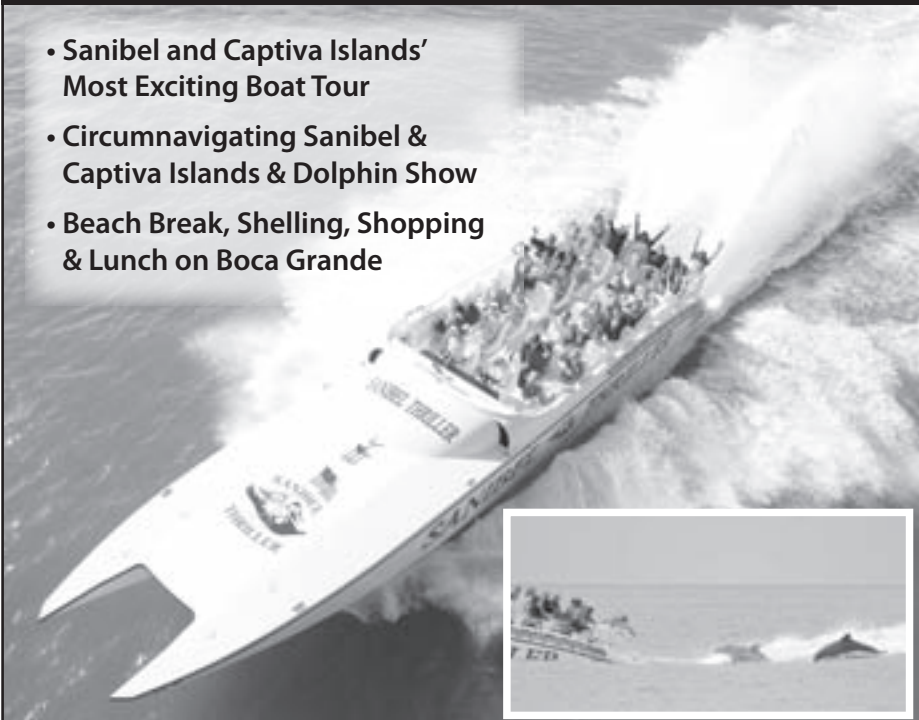


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Beyond Petroleum And Into Snappy Shrimp Week



Jamison Hayduk gets a warm hug from Erika Millstein, new lead educator at Sanibel Sea School

by Evelyn Neill

You want to know one of the best things about being four or five or six years old? Today is what matters. And today, there's no oil on the beach and it's hot and the water is cool. You can bury your counselor in sand or do an obstacle course or put on a mask and find a shell. Even "riding on the fish bus" is a good thing when you're that young. So, I've come to the conclusion that Snappy Shrimp Week at Sanibel Sea School is downright therapeutic for my oil-worry-weary self. And maybe it's good for you too.

continued on page 58



Doc Bruce helps Sophia Khakee get her footing



...and off Sophia goes!



Milena Weigel, Sophia Gurule, Jay Fowler and Tye Phoenix get in the action

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Plant Smart:

Florida Fiddlewood



This Florida fiddlewood has both ripe and unripe fruit photos by Gerri Reaves

by Gerri Reaves

Florida fiddlewood (*Citharexylum fruticosum*) gets its catchy common name because the strong wood supposedly is desirable in constructing stringed musical instruments.

Plant experts disagree, however, on whether the plant was actually harvested for such a use.

In any case, this native tree's value as a low-maintenance landscape plant, butterfly attractor, and food source for wildlife argue against cutting it down for that purpose.

In coastal pine-lands, Florida fiddlewood usually grows to only shrub size, but in hammocks it might reach over 30 feet in height.

This tree with dense evergreen foliage is usually multi-branched, although it sometimes develops as a single-trunked specimen. The shiny green spatulate leaves are five to six inches long with notched or pointed tips.

The tiny white tubular flowers are five-lobed and fragrant. Both flowers and later the fruit cluster at the leaf axils.

Flowers appear intermittently throughout the year and attract butterflies. The delicious honey that bees produce from the flowers makes the plant a friend to both beekeepers and humans.

The fleshy globular fruit of only one-half inch in diameter is edible and sweet but not palatable for humans. However, the fruit is a desirable food source for birds and other wildlife.



Fiddlewood's ripened purple-black berries are a food source for birds and other wildlife

One of fiddlewood's most outstanding ornamental features is the fruit's color transformation – from unripe shiny orange, reds, or bronze shades to a ripened glistening purple-black. Orange or pinkish leaf stems and major veins also add color.

Florida fiddlewood is highly drought- and salt-tolerant once established, and it's pest-resistant too.

Plant it in sun to partial shade. Use it as a screening plant, hedge, or shade tree. Pruning for shape is optional.

Propagate fiddlewood with seeds or simply let the mother plant self-sow.

Sources: *Wild Plants for Survival in South Florida* by Julia F. Morton; *Native Florida Plants* by Robert G. Haehle and Joan Brookwell; and *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio.

Plant Smart explores sustainable gardening practices that will help you create a low-maintenance, drought-tolerant, hurricane- and pest-resistant South Florida landscape.*

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"EXECUTIVE CHEF MELISSA TALMAGE CONJURES CULINARY MAGIC IN THE KITCHEN. HER IMAGINATION APPEARS TO KNOW NO BOUNDS, PAIRING INGREDIENTS AND FLAVORS AND TECHNIQUES THAT MIGHT CLASH IN LESSER HANDS." July 10, 2009 - Jean Le Boeuf, Fort Myers News-Press

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Students Learn Art Of Shellcrafting



The most popular student choice was to make snakes out of shells

Shellcrafters from The Community House visited Debbie Riley's and Deanna Evans' 4th grade classes at The Sanibel School before the summer vacation. The visit was a follow-up to the students' previous trip to Cayo Costa on Captiva Cruises. While on Cayo Costa, the students found a live sea urchin in addition to other live organisms in the grass flats and gathered broken shells on the beach for donation to the Shellcrafters.



Another popular choice was to make turtles

By showing some completed crafts, the shellcraft volunteers demonstrated how broken shells, sea urchins, and other shells are used by crafters to make different items. The students then chose to make necklaces, snakes, or turtles out of shells provided by the volunteers.**

Artreach Project Show At BIG ARTS

Human Trafficking Awareness Partnerships, Inc. (HTAP) will host an event on July 19 from 7 to 9 p.m. featuring artwork created by girls involved in the HTAP's Artreach Program. This program educates girls about the dangers of human trafficking, the statistics and facts concerning human trafficking and the occurrences in Lee County. The girls, from varied backgrounds, have created four canvas wall hangings expressing their knowledge and understanding of modern-day slavery, especially as it potentially affects their peer group.

The event will also feature select vignettes from the play, *Selling Innocence* that was researched, written and performed by Cypress Lake Center for the Arts 9th grade drama students.

A student involved in each project will present a brief program about the paintings and the play. HTAP plans to make these projects available throughout Lee County and the country. This project is supported by Lee County Zonta Clubs.

Beverages and light appetizers will be served, courtesy of Bailey's General Store.

For additional information on this event or Human Trafficking Awareness Partnerships, Inc., contact Nola Theiss at 395-2635.**

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One Step Forward, Two Steps Back



by J. Bruce Neill, PhD

Recent media coverage has drawn attention to the fact that bacteria are capable of consuming crude oil – so, you might ask, why don't we release massive

quantities of it into the gulf for a feast of monumental proportions?

It is indeed true that bacteria will consume the massive amount of oil that is pouring into the Gulf of Mexico. Because the waters of the Gulf of Mexico are very warm, they will do so very efficiently. The rate of bacterial degradation is much more rapid in warm water than in colder, more northern waters. One step forward – but it's not that simple.

After a closer look at bacterial degradation and its ramifications, we end up taking two steps back.

When large amounts of organic matter are present in the ocean, bacterial populations that consume that organic matter grow rapidly and reach very high population densities.

Like fish, mollusks, copepods, and crustaceans, these marine bacteria breathe dissolved oxygen from water, which is a healthy part of ocean chemistry at normal levels. The problem occurs when bacteria reach such high population densities that they extract all (or at least most) of the dissolved oxygen in the water they occupy. Such areas of oxygen-depleted water are known as hypoxic zones. Hypoxic zones kill other creatures that need oxygen to survive: the fish, copepods, crustaceans and mollusks that now unsuccessfully compete with the bacterial populations for oxygen. Hypoxic zones are known as dead zones, which are areas with no living organisms. The bacterial breakdown of the massive amounts of oil will create huge dead zones in the waters of the Gulf of Mexico. Take one step back.

Nitrogen, a crucial marine nutrient, makes up between 0.1 – 2.0% of many gulf crude oils by weight. When bacteria break down and consume crude oil, they release nitrogen from the oil into the surrounding water, where microscopic plant cells called phytoplankton rapidly take it up. Phytoplankton densities are normally limited by a scarcity of nitrogen in the ocean, but when large amounts of nitrogen are available to phytoplankton, their populations increase very rapidly. These rapid population explosions are known as phytoplankton blooms. Some phytoplankton blooms produce toxins that kill marine animals and cause significant human health impacts. These are especially common in the Gulf of Mexico during the summer and fall months. Take a second step back.

To make matters worse, when a phytoplankton bloom eventually dies, the individual cells sink and are consumed by bacterial populations. This bacterial

decomposition consumes oxygen and causes more dead zones, which brings us back to step one. The dead zones kill marine life and the bacteria release – you guessed it – nitrogen; which of course, will be taken up by phytoplankton. Do you see the pattern emerging here?

So, if you hear the good news that bacteria will take care of cleaning up the oil spill, don't be lulled into complacency by believing that all is fine and dandy. Realize that the impacts of this event can cascade through our oceans long after the last beaches and birds are cleaned and the cameras have moved on to another story.

*Dr. Neill is the executive director of the Sanibel Sea School, a Sanibel non-profit foundation promoting marine conservation through experiential education. Visit Sanibelseaschool.org.**

Environmental Education Cruises

Science at Sea Cruise

Be a marine biologist. This 90-minute hands-on scientific inquiry is fun for all ages. Crab traps and plankton nets will be hauled for a look at some of the components of the food chains. Use compasses for navigational aids and magnifying viewers to see the things you can't usually see. Take part in actual scientific research that will be utilized by The Sanibel-Captiva Conservation Foundation's Marine Lab. This is an exciting trip for the whole family.

Shoreline Discovery Cruise

Travel to a secluded beach for a guided shoreline walk to discuss coastal sea life

and beach dynamics. Explore mudflats and use nets within the shallow sea grass beds for an up-close look at some of the smaller yet amazing inhabitants of the back bay estuary ecosystem. Bring wading shoes and your sense of adventure for this hands-on sea life encounter.

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Mixed Bag Flats Fishing



by Capt. Matt Mitchell

Tarpon last week could be found anywhere from Fort Myers Beach all the way up to Gasparilla Island. The largest concentrations of fish I found were gulf-

a good bet. As long as the tide was high and moving, they fed well. Mangrove shorelines on Cayo Costa and North Captiva were productive on both cut and live baits pitched deep under the trees. Redfish fishing has been getting better and better every week with lots over the slot now in the mix. Closer to home, around the southern sound, there were a few reds but not in the larger numbers found in the middle to northern sound.

One of my favorite trout spots over the last month has been the western side of the power lines. It seems no matter what the tide, if you find three to four feet of water you can catch keeper size trout. This area is mostly grass with sand potholes and then drops into deeper water close to the intercoastal. Small pinfish and shiners drifted under a popping cork caught limits of trout just about any time.

When the tide is in a lower phase I like to fish closer to the no-wake buoy line or nearer the intercoastal where the water is a little deeper. On a higher tide get right on top of the flat and throw into the white visible sandholes. On light wind days, drift fish this area, while on stronger wind days, anchor up. When anchored simply lift the anchor if the fish are not biting and drift another 20 yards or so

side. However, three to four hours after sunrise, the bite was over.

Tarpon south of Redfish Pass fed better on live threadfins either freelined or fished under a float. The schools of tarpon north of the pass were hungrier for small crabs, either pass crabs or blue crabs. The few tarpon I found in the bay were from Cabbage Key to Foster's Point on North Captiva and not responsive to any baits pitched right in front of them. I did see a few hook-ups in the bay but the gulfside fish just seemed to be more cooperative.

Redfish fishing on the higher tides was



Beach side tarpon were feeding better last week

before re-anchoring. This method lets you cover almost as much water as drifting until you locate the fish.

First thing in a morning or during low light conditions, top water plugs also work great here. A skitterwalk or a chug bug will get smashed on the surface. As the sun gets up higher a subsurface mirrodine will do the trick. If there is a lot of floating grass, try a weedless soft plastic bait. Pretty much anything that is the same size and colors as a greenback shiner will get hit as that's the pattern the fish are on.

If you are looking for mixed bag action, any deeper grass flat in the sound is worth fishing right now. I look for feeding birds, either pelicans, gulls or cormorants in four to eight feet of water. A good area to get started is anywhere from Chino Island north to Demiere Key on the outside of the north south sandbar. Anchor up and pitch a few handfuls of live shiners out every five to 10 minutes and watch for fish to break the surface. I like to cast with the shiners rigged freelance and simply jig them back in slowly just like you're fishing a jig. This method keeps them from ending up in the grass and the rising and falling of the shiner will trigger the bite.

The variety of fish out on the flats right now is awesome. Expect to catch trout, ladyfish, bluefish, Spanish mackerel, blacktips and jacks. Keep a ladyfish or too because it won't take long until

one of these fish you're bringing in to the boat gets cut in two by a bigger shark. Once this happens cast out a half a ladyfish and hold on. Any kind of activity quickly will bring in the sharks.

Now we are in the summer time pattern of hot and humid conditions strong afternoon thunderstorms become an almost daily event. Early out and early in become the best way you can avoid the sizzling heat and generally the quick moving bad weather. These dangerous thunder storms often pack strong winds and lots of lightning. Keep your eyes open for building storms; they can be a scary thing when out on the water and should be respected.

Capt. Matt Mitchell moved to Sanibel in 1980 and has fished local waters for more than 25 years. He now lives in St. James City and has worked as a back country fishing guide for more than 10 years. If you have comments or questions email captmattmitchell@aol.com.

Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to islandsuncity@aol.com; or call Anne Mitchell at 395-1213.

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Merchants Who Care Launch Educational Coloring Book



Front, from left: Carol DeCesare, Three Crafty Ladies; Anne Joffe, She Sells Sea Shells; Wendy Erler-Schnapp, Tarpon Bay Explorers; Jan Gabrielson, Nanny's Children's Shoppe. Back, from left: Johanna Felberbaum, Three Crafty Ladies; David Joffe, She Sells Sea Shells; Marie Stevens, Toys Ahoy!; Renny Severance, graphic design/layout; Daniel Moore Thompson, Suncatchers' Dream; Claudia Burns, publisher; George Schnapp, Tarpon Bay Explorers; Susie Holly, MacIntosh Books & Paper.

Owners of seven island businesses, known as Merchants Who Care, gathered at Three Crafty Ladies on June 22 to toast a recently-revised version of *The Wildlife Coloring Book*. Sponsors of the project include MacIntosh Books & Paper, Nanny's Children's Shoppe, She Sells Sea Shells, Suncatchers' Dream, Tarpon Bay Explorers, Three Crafty Ladies, and Toys Ahoy!

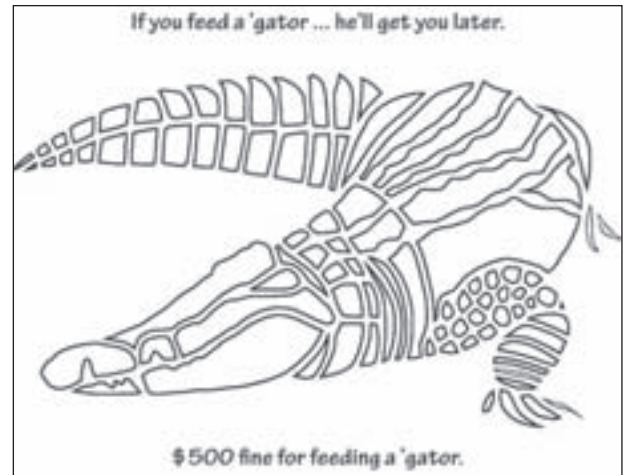
The Wildlife Coloring Book features cartoons created by Dave Horton in 2001 to depict, in a humorous way, guidelines for human interaction with the abundant and approachable wildlife on Sanibel and Captiva.

Merchants Who Care have banded together to cover the expense of printing *The Wildlife Coloring Book*, which includes sponsor ads and coupons. Participants provide the book to visitors free-of-charge, so they will learn how to act (and not to act) toward wild animals.

The book is available at Lighthouse Café, MacIntosh Books & Paper, Nanny's Children's Shoppe, Over Easy Café, She Sells Sea Shells, Suncatchers' Dream, Three Crafty Ladies, and Toys Ahoy! Supporters of the coloring book recognize and appreciate the synergism of sponsoring/distributing educational coloring books that showcase our unique environmental assets and encourage visitors to respect and preserve these resources. Recipients develop loyalty toward participating establishments as well as learn the ethics of interacting with wildlife.

Wild animals suffer less stress when humans give them their space rather than harass them. And participating businesses sustain

continued on page 29



The book contains information on wildlife protection



Follow the rules for safe boating and manatee safety

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Preview ACT Auction Items Now



Lisa Freidus with her collage for the live auction

Art for ACT's auction items for the upcoming Arabian Nights fundraiser can be previewed at Edison State College in the Richard H. Rush Library, Building J, Fort Myers. Over 150 items will be on view Monday through Friday from 10 a.m. to 4 p.m. until August 10.

The gala event itself will be held on August 14 at the Hyatt Regency Coconut Point in Bonita Springs.

Over 100 silent auction items have been priced for presale and can be purchased immediately. All proceeds benefit ACT (Abuse Counseling and Treatment), the domestic violence and sexual assault center serving Lee Hendry and Glades Counties. ACT is a non-profit agency with two shelters in Lee County housing adult victims of domestic violence and their children and survivors of sexual assault for the past 32 years.

Incidents of domestic violence have increased over the past year while funding for the agency has dropped due to the declining economy.

In an effort to generate additional revenue for ACT, Darryl Pottorf has created a limited edition print titled *Two Lips Are Better Than One*, that is available now. Each print is signed and numbered by the artist and can be purchased for \$1,500 unframed or \$2,000 framed.

To purchase a print or for more information, call Jennifer Benton or Claudia Goode at 939-2553 ✨



Angela, a sword dancer



Lisa Gould, right, the creator of a fused glass belly dancer in the auction



Doug MacGregor looking at Darryl Pottorf's print, *Two Lips are Better than One*, available for \$1,500 unframed or \$2,000 framed; at right is a close up of Pottorf's print



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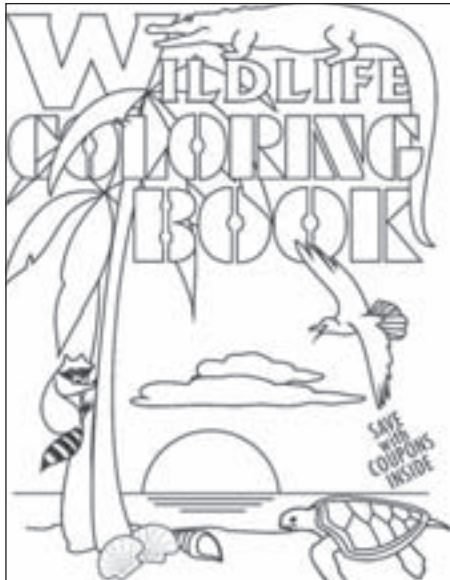
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From page 27

Coloring Book



Book cover

a healthy economy in our environment-centric community by promoting other sponsors as well as themselves.

In short, involvement with this high-quality giveaway is a win-win situation all around. For more information about educational coloring books, e-mail cshellart@hotmail.com.✱

Public Preview Of New Play Contest Finalists

Theatre Conspiracy is adding a new element to its new play contest this year and inviting the public to attend a preview party on Saturday, July 17 and vote on which script will win the company's annual contest. Now in its 13th year, Theatre Conspiracy's new play contest has grown to attract hundreds of scripts from dozens of countries around the world. "Last year we received 487 scripts from playwrights in the United States, Canada and Europe were submitted," said Bill Taylor, the artistic director and founder of Theatre Conspiracy. "This year we should match that same amount of entries but we're still sifting through the stacks of scripts piled up in my office," said.

The new play preview party, a fundraiser for next season, will feature readings from the top three scripts that have been submitted. The evening will start with a pre-show reception featuring refreshments and hors d'oeuvres followed by a scene reading from the first script then a short intermission while the stage is reset. The second reading will also be followed by an intermission. At the completion of the third scene the audience will have the opportunity to discuss the scenes with Taylor and then vote for their favorite script. The winning play will be announced that night and produced in October.

Tickets are \$50 and will include refreshments during the intermissions and a voucher good for one ticket to a performance of the winning play in

continued on page 46

New Opportunities at Shell Point

The public is invited and many of these events are FREE!

Shell Point's Life Enrichment Series offers the opportunity to discover new things about yourself and the world you live in.

explore
imagine
play
create
laugh
inspire
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Shell Point Tour & Presentation

Tuesdays – July 6, 13, 20, and 27 • 10 a.m.

Wednesdays – July 7, 14, 21, and 28 • 10 a.m.

Join us for one of these group presentations about the Lifestyle and

Lifecare available at Shell Point followed by a narrated bus tour of the community. Light refreshments.

Space is limited, so call 466-1131 to reserve your place.

July Events

Fishing as a Vocation, Not a Vacation

FREE!

Tuesday, July 13 at 10 a.m. • The Woodlands at Shell Point

The Academy at Shell Point presents *Fishing as a Vocation, Not Vacation* with Kristie Anders, Education Director for the Sanibel Captiva Conservation Foundation. In this presentation Kristie will track 10,000 years of our area's fishing history. It is a rich history of fishing as a livelihood, and this is your chance to hear about it from an expert. This event is free but reservations are required. Call 454-2054 to reserve your seat.



Photo by Charley McCullough

The Naples Jazz Orchestra – The Best of Big Band

Monday, July 19 at 7 p.m. • The Island at Shell Point

It's heating up outside, but cool summer sounds are coming your way! Join us as Shell Point presents the Naples Jazz Orchestra as part of the Shell Point Summer Concert Series. The Naples Jazz Orchestra is a classic "big band" in the tradition of the legendary bands of Count Bassie, Duke Ellington and Glenn Miller, and performs the music of the greatest composers, arrangers and bands in jazz history. Get your tickets today for just \$15. Call 454-2067. Also, August

2: Reiko & Friends – A Night of Favorite Classical & Pops, Tickets \$15

Summer Concert Series

Just \$15



The National Parks: Our Common Land, Our Common Heart

Thursday, July 29 at 7 p.m. • The Island at Shell Point

Since 1872 national parks have been part of the American experience. Join Dr. Craig Rademacher, from Northern Michigan University, on a visual tour of the National Park System and explore how our understanding of national parks has evolved and why these magnificent places form an essential link between our past and future. Dr. Rademacher will also present a select special feature from the internationally acclaimed PBS series by Ken Burns entitled *The National Parks, America's Best Idea*. This event is free, but tickets are required. Call 454-2054.



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Around The Islands With Anne

Temporary Tattoos Are Fun; July Sales Are In Full Swing

by Anne Mitchell



Tina Daubenspeck of **Head to Toes by Tina** is just back from a major hair, skin and nail trade show in Orlando, where she was on the lookout for new products and ones that relate especially to her island clientele.

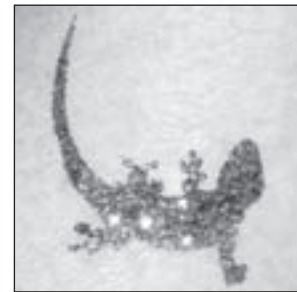
She's excited about Shellac, the latest in nail polish from Creative Nail Design, which lasts for at least 14 days without chipping. It dries

to a mirror finish in no time and contains no odorous formaldehyde or other nail-damaging ingredients.

While a regular manicure at Head to Toes by Tina is \$25 and lasts about a week, the Shellac costs \$45 and lasts about two weeks.

"It's the ultimate polish we nail techs have been waiting for," observed Daubenspeck, who has been in the business for 15 years. She has strict personal rules about treating people's nails. She said while cutting people's cuticles is banned in Florida, it is still practiced and can lead to infections and other problems.

She's happy to explain to clients the best ways to deal with their nails and skin.



An example of a temporary glitter tattoo by Tina Daubenspeck



Tina Daubenspeck with some of the nail polish selections in her salon



Some of the many temporary glitter tattoo designs available at Head to Toes by Tina

Glitter temporary tattoos are another product she thinks will be popular on Sanibel among all ages and both sexes. Those who prefer not to have a real tattoo but want to give it a whirl can try one on for size and style at little cost and no permanent mark.

The tattoos come in many colors and dozens of designs including always-popular sea life motifs such as seahorses (The Sanibel School's mascot), sharks, turtles, frogs, starfish and dragonflies. There are also patriotic designs which can be done in red, white and blue. Show off your true colors at this weekend's Independence Day events.

The tattoos are \$5 to \$10 each depending on size and take just a few minutes to apply. With care they can last a week to 10 days. Daubenspeck will also do these tattoos at children's and adults' parties.

Bline is another of her recent "finds." It's a line of mascara and eyeliner that won't run, snudge, clump or flake. The mascara forms "tubes" around your lashes and slides off when you're ready to remove it, without the use of harsh solvents. Each product is \$20 and lasts about six months.

Head to Toes by Tina is in The Village Shops, 2340 Periwinkle Way, Sanibel, just before the Palm Ridge Road turnoff, phone 395-2400.

It's that time of year again – the much awaited blow-out shoe sale at **Comfort by Design** in the Lime Tree Center off Periwinkle Way, Sanibel. It will begin Saturday, July 3 at 10 a.m. and continue most of the summer.

Discounts will be 15 to 75 percent on quality shoes and sandals by top makers such as Ecco, Mephisto and Birkenstock. This represents huge savings that local folks wait all year to reap. Don't worry if you can't get there on the first day, new sale merchandise is brought out on a regular basis.

If you thought you'd missed the storewide 50 percent off sale at **Why Knot** and **Why Knot Relax**, here's another chance. Starting Friday, July 2 and running all month, everything in the store is half price.

Designer labels such as Flax, Free People, Habitat and the exclusive Why Knot Relax line are in breathable, comfortable fabrics that are perfect for island living.



Stars and Stripes ice cream from Pinocchio's



Teens just hanging out at the library

Teen VIP After-Hours Program

Last Tuesday, The Sanibel Public Library hosted the summer's kick-off party for the Teen VIP After-Hours Program.

Local kids came in to play games, have snacks and make "bling" for their jeans and backpacks. The program is open to teens and 'tweens. Kids meet from 6 to 7 p.m. on Tuesday evenings, after normal library hours.

Kids are invited to bring a friend and join in the fun next Tuesday night.✱



Girls gather around the computer



Kids of all ages attended the magic show

Magic At The Sanibel Library

The Sanibel Public Library hosted Magic by John last Tuesday to start the Summer Reading Program. The theme of the program this year is Make a Splash READ.

Over 70 kids of all ages were enchanted by the magic of John Robert. The Summer Reading Program is funded with generous support of the Sanibel Public Library Foundation, Inc.

For additional information on programs, or to make a donation, call the library at 472-2483.✱



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From page 30

Around The Islands

Why Knot and Why Knot Relax are open daily in The Village Shops.

Pinocchio's is celebrating the Fourth of July with its newest ice cream flavor, Stars and Stripes.

This vanilla-based homemade Italian ice cream with strawberry swirls and bright blue sprinkles is sure to be a popular seller for the holiday weekend and a perfect addition to your dessert table.

Stop in at 362 Periwinkle Way, Sanibel, or call ahead to 472-6566 for quarts to take home.

LIVE ON THE ISLANDS

The New Vinyls will be playing at **Tween Waters Inn** on Captiva Friday and Saturday. On Sunday the Bombaleros are playing. Music starts at 9 p.m. Crab races are on Mondays and Thursdays. Phone 472-5161.

The Island Cow has live entertainment from 6 to 9:30 p.m. nightly. The line-up: Monday, Dan Confrey; Tuesday, Jeff Key; Wednesday, Ken Wasiniak; Thursday, Diana Lynn; Friday, Greg Watts; Saturday, Diana Lynn; and Sunday, Ken Wasiniak. Phone 472-0606.

Ellington's Jazz Bar and Restaurant has live jazz seven nights a week from 7 to 11 p.m. at 1244 Periwinkle Way, Sanibel, phone 337-5299.

RC Otter's, 11506 Andy Rosse Lane, Captiva, has live music daily with dining inside and outside, phone 395-1142.



Please visit our Island Sun online advertisers each week at www.islandnews.com. You can click through to their Web sites for more information about real estate, shopping, restaurants and services. Just click on the logos surrounding the front page.

Keylime Bistro on Captiva features live entertainment seven days and nights each week, phone 395-4000.

Twilight Café has live music with Jeff Key from 7 p.m. to close on Fridays, along with a late evening two-for-one happy hour in the bar. John McClane plays jazz at the Wednesday Jazz and Sushi Nights. The restaurant is at 2761 West Gulf Drive, Sanibel, phone 472-8818.

Danny Morgan plays on Tuesdays and Thursdays at **Traders Store & Café**, phone 472-7242.

The Jacaranda has entertainment nightly from 8 p.m. to midnight, phone 472-1771.

Danny Morgan and Friends play at **Casa Ybel Resort** pool bar on Sundays from 1 to 4 p.m., phone 472-3145.

Sunshine Seafood Cafe at 8750 Gladiolus Drive, Fort Myers, has live entertainment on Friday and Saturday nights featuring jazz and relaxing dining entertainment, phone 489-2233.

Restaurant owners/managers, please e-mail or fax your entertainment schedule to Anne Mitchell at islandsuncity@aol.com or 395-2299.✪

Inland Treasures Of Southwest Florida Discounts

Summer visitors can experience the bountiful treasures of six Southwest Florida attractions with discounts.

Discover "IT"! Inland Treasures of Southwest Florida promotion runs July 5 through September 6.

Visitors to the SWFL Museum of History, Imaginarium Hands-On Museum & Aquarium, The Butterfly Estates, Calusa Nature Center & Planetarium, Shell Factory & Nature Park, and the Edison & Ford Winter Estates, may download a coupon for a \$1 discount to visit any or all of these partner attractions. Additionally, coupons will be available at each venue beginning on July 15th for the participating partners – all within an easy drive of each other.

Visitors to the SWFL Museum of History will be able to explore Southwest Florida's rich history and take in the traveling exhibit, Tutankhamun: Wonderful Things from the Pharaoh's Tomb. There are 60 interactive exhibits, live animals,

marine touch tanks, hands-on fun shows, and a 3-D film.

The Edison & Ford Winter Estates offer visitors a glimpse into the life and work of Thomas Edison and his friend, Henry Ford, during their winter vacations in Fort Myers, and The Butterfly Estates provide a unique experience of a botanical garden and butterfly conservatory, combined.

The Shell Factory & Nature Park provides an opportunity to peruse its collection of shells, dine and shop for special items, discover hundreds of animals and explore the Rainforest Aviary, while the Calusa Nature Center offers miles of nature trails, animals, and planetarium shows.

For more information, visit the websites at: www.swflmuseumofhistory.com; www.imaginariumfortmyers.com; www.calusanature.com; www.efwefla.org; www.thebutterflyestates.com; and www.shellfactory.com.✪

Patriotic Smoothie

The Coffee Bar @Bailey's has designed a Red White and Berry Smoothie for the 4th of July.

This refreshing treat features four different berries – raspberry, strawberry, blackberry and blueberry and is layered with whipped cream. Celebrate our great nation and stay cool at the same time. Pick one up before the annual Independence Day parade this Saturday. The Red, White and Berry smoothie will be sold at the special price of \$3.99 for 10 days.✪

S

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Double Your Fun At The Schoolhouse



by Di Saggau

Two exciting musical revues are playing at The Herb Strauss Schoolhouse Theater on Sanibel. *The 70s Show* just opened, and it's another highly entertaining show

that whisks the audience back to the marvelous music of the '70s. You can't go wrong with songs like *I'll Be There*, *Stayin' Alive*, *Proud Mary*, *SOS*, *Dancing Queen*, *Get Down Tonight*, *I Will Survive*, and *YMCA*. And that's just a sampling of the 30 songs of an era gone by that you'll enjoy revisiting.

The talented cast consists of Lexie Dorsett, Gina Gloria, Kevin Todd Murphy, Geoffrey Nelson and Samantha Rotella. Musical direction is by Sarah Lawing with Miguel Cintron on drums. The show is directed by Victor Legarreta with choreography by Bobby Logue. I saw the show last Saturday evening and there was a good size crowd to join in the fun as the energetic cast took us through so many memories. Chances are the songs will take you back exactly to where you were in the '70s. The disco songs brought back great memories for me.



Geoffrey Nelson, Samantha Rotella, Gina Gloria, Sarah Lawing, Miguel Cintron, Kevin Murphy and Lexie Dorsett

photos by Nick Adams Photography

The cast works well together. Most songs are a collaboration of all five, but solo parts are also worked in so that everyone has their chance to shine. Their voices and personalities truly do justice to the great music of the '70s. With all the fancy dance moves, you'd think the cast might slow down for the second act, but they come out with gusto and even more flashy movements. It was quite amazing. The costumes and outrageous wigs also add to the overall feel of the show. By

the close of the show the audience was standing up and singing along.

The 70s Show plays Wednesdays and Saturdays through August 14. If you missed the other show *80s to the Max*, it runs Tuesdays and Thursdays through August 12. Showtime is 7 p.m. for both shows. For tickets call 472-6862. The Herb Strauss Schoolhouse Theater is located at 2200 Periwinkle Way on Sanibel.*



Gina Gloria, Lexie Dorsett and Samantha Rotella

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Poetic Voices



For consideration, please send typed poems with a short biography to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957 Attn: Don Brown or send a Microsoft Word attachment to donbrown@alum.mit.edu

selected by Don Brown

4 July

by Eugene J. Mahoney

What can be better,
Than a parade remembering
A brave band of brothers.
Bands playing martial music,
Under flags draping light posts.
Hands over hearts as they pass.

Children clutch stick flags and cotton candy.

There's the report of firecrackers.
An old vet snaps a salute.
"My old outfit carried that guide-on,"
He mumbles proudly.
Men and women applaud,
Some thinking of sons and daughters
lost.

But bright is this day,
Of freedom and independence.

America

by Eugene J. Mahoney

From the clarity of the pioneer's axe,
To cities of steel and glass.

From the pony express,
To fax machines.

From itinerant peddlers,
To department stores.

From farm rich fields,
To subdivisions.

From assorted racial faces,
To a blend of faded color.

From unsettled immigrants,
To those who willingly contribute.

From people rich or poor,
To a chance of making good.

From vigorous, bustling millions,
To tiny groups of family love.

America. Robust, bursting its seams,
With vast dreams.

*These poems are from Eugene Mahoney's poetry book, LITE REED, available from iUniverse.com. Eighteen pages are devoted to Sanibel Island. Mahoney and his wife Rosemary visited here fifteen times in as many years, the perfect place for them to share their interests in watercolor painting and writing. He earned two master's degrees from the University of Wisconsin and Marquette University. He served in Korea and Japan as secretary to General Garrison Coverdale. He later taught, trained teachers and became administrator in Milwaukee schools and taught at University of Wisconsin summer schools. He passed away July 20, 2007 and was given full military honors by the Wisconsin National Guard.**

Book Discussion At The Library

Readers are invited to discuss *Loving Frank*, by Nancy Horan, the focus of the Wednesday July 28 book discussion meeting at the Sanibel Public Library. The meeting is free and open to the public.

The discussion will begin at 2 p.m. in the meeting room across from the elevator, Meeting Room 4. Nancy Fisk will be leading the group's discussion of the book.

In *Loving Frank*, fact and fiction blend in a historical novel that chronicles the relationship between seminal architect Frank Lloyd Wright and Mamah Cheney, from their meeting, when they were each married to another, to the clandestine affair that shocked Chicago society.

Discussion begins promptly at 2 p.m. Books and audio materials are available near the reference desk. It is preferable to come having read the book to be able to join in the lively discussion, but all are welcome.

If you have questions, call the library at 472-2483.*

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Black Pelicans



by Christine Lemmon

“It was spring in Florida and I was as much a part of the spring day as the roseate spoonbills flying overhead and the hot pink periwinkles covering the ground and the pale pink coquina

shells burying themselves beneath the sand. I was shy too, like those coquina shells.”— excerpt from the book *Portion of the Sea*

When my boys were little, we would sit by the shore at the Lighthouse Beach and I would teach them their colors by way of the coquina shells. Each time one of the tiny shells surfaced in the sand, my boys had to call out its color before it slipped back under. My son asked why the little shells disappear so quickly and I remember telling him they are shy, and we went on to discuss shyness. I went home that morning and added to the first line of the novel I was writing: I was shy too, like those coquina shells.

I get an abundance of inspiration while wading in the Gulf of Mexico with my children or watching sunsets with my family. It's why all three of my novels take place here on Sanibel where I live. Recently, my husband and I went for a weekend to New York City and I wondered whether fresh ideas might come to me while in the city. But looking up at those skyscrapers when the tallest structure I'm used to seeing is Sanibel's Lighthouse, and gazing into those store windows at the colorful designer handbags when the most colorful objects I notice back home are seashells, I told my husband, "I'm not getting ideas for writing, but maybe I could get a new purse and some clothes instead."

But then I passed a kiosk of a major New York newspaper and its enormously bold headline reached out and grabbed me: Welcome to Florida! The doom and gloom of that headline, related to the oil spill, stopped me in my tracks. I had been with my children at our beach a few days ago playing waist-high in the water and there was no oil. The headline made it look as if all of Florida was seeing oil, and if you visit, oil is what you get.

The truth is, most of Florida has not seen oil and it is my hope that we never will. In the wake of this oil tragedy, I appreciate life and nature like never before while at the same time deeply mourn and feel angry for what is happening in the waters where the oil has reached – the loss of life right on down to the mollusks living unseen and unheard within the intricate interior kingdoms of the seashells.

Since the spill, it is my son who keeps inquiring about the wellbeing of these slimy little beings because he has a heart for all creatures great and small. Last summer he spotted someone taking a live shell from the water. I stood watching, ready to count how many live ones she planned to take, but my son put an end to it after the first, walking up to the lady, telling her it was wrong, taking a live shell from the water. I told my boy he was a hero for having spoken out, and for having saved if even a single, miniscule form of life. There is as much to learn from a child as there is from the sea.

Back in New York we took a nar-

rated bus tour of the city, but with those Welcome to Florida headlines on every corner, all I could think of was the oil. And when people heard we were Floridians, they gave us condolences, asked whether they should cancel travel plans, and one asked whether we had seen black pelicans. "No," I told them. "Our coastline remains unspoiled. There is no oil where we live." And the last time I noticed, the roseate spoonbills, periwinkles and coquina shells were all still pink!

As the bus passed by the New York Public Library, the narrator pointed out two marble lions guarding the entrance and told us the lions were named

Patience and Fortitude at a difficult time in New York's history when those virtues were needed the most. Of course I scribbled this all down and my husband asked, "Getting ideas for a book, dear?" No, darling, but it had me thinking if there were lions (or maybe sea lions) standing guard on the causeway bridge, what would we name them? Truth and Hope came to mind but I'm sure everyone has their own thoughts as to what Sanibel needs most at this time.

Christine can be contacted at Christine@christinelemmon.com or you can visit her Web site at www.christinelemmon.com.✧✧



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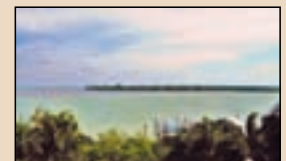
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My Stars ★★

FOR WEEK OF JULY 5, 2010

ARIES (March 21 to April 19) Although you don't like to change plans once they're set, once again, you might find that doing so can make a big difference in your favor. Family matters dominate the weekend.

TAURUS (April 20 to May 20) You continue to get encouragement for your proposals, including some support from unlikely sources. Use this positive flow to move forward with your plans. Good luck.

GEMINI (May 21 to June 20) Family matters are dominant this week. It's a good time to be with those you love. It's also a good time to contact and reunite with loved ones with whom you've lost touch.

CANCER (June 21 to July 22) Be careful not to allow differences of opinion to create unpleasant feelings, especially in the workplace. A neutral observer could check out the situation and suggest a resolution.

LEO (July 23 to August 22) While the Lion's Den is the center of attention this week, with family matters dominating much of your time, workplace issues are also important. Try to find a balance between them.

VIRGO (August 23 to September 22) The future of a new relationship could depend on how much the usually impatient-to-get-things-done Virgo is willing to stop pushing and let things happen naturally.

LIBRA (September 23 to October 22) Worry over a loved one's well-being is eased with good news from a sympathetic source. Your continued show of love and support is important. Stay with it.

SCORPIO (October 23 to November 21) This is a good time to consider mending fences with someone you wish was back in

your life. Forget about blame, and focus on the good things you once shared.

SAGITTARIUS (November 22 to December 21) This is a good week to start researching information regarding whatever changes you're considering, whether it involves a new home, a new location or a new job.

CAPRICORN (December 22 to January 19) A long-anticipated job opportunity could turn out to be less than you expected. But appearances might be deceiving. Check it out before you decide it's not for you.

AQUARIUS (January 20 to February 18) Good news: Adapting to a new situation might come more easily than you expected. You can look for continued support from colleagues who appreciate your contributions.

PISCES (February 19 to March 20) Someone you care for might need more reassurance from the typically "unemotional" Pisces. Go ahead. Open up, and you might be surprised at what you find when you do.

BORN THIS WEEK: You are a romantic at heart, although you can be amazingly practical when you need to be.

THIS WEEK IN HISTORY

- On July 9, 1777, New York elects Brigadier Gen. George Clinton as the first governor of the independent state of New York. Clinton would go on to become New York's longest-serving governor, as well as the longest-serving governor in the United States, holding the post until 1795.

- On July 8, 1853, Commodore Matthew Perry, representing the U.S. government, sails into Tokyo Bay, Japan. The Japanese accepted letters from President Millard Fillmore, making the United States the first Western nation in two centuries to establish relations with Japan.

- On July 10, 1887, a dam breaks in Zug, Switzerland, killing 70 people. The resulting wall of water was so powerful that rescue boats launched to assist people caught up in the sudden flood were ineffective as they capsized in the roiling waters.

- On July 11, 1922, the Hollywood Bowl, one of the world's largest natural amphitheaters, opens. Its stage was a wooden platform with a canvas top and audiences sat on moveable benches set on the hillsides of the surrounding canyon. In 1926, a group of Los Angeles architects built the Hollywood Bowl's first shell.

- On July 5, 1946, French designer Louis Reard unveils a daring two-piece swimsuit at a swimming pool in Paris. Reard dubbed the suit the "bikini," inspired by a news-making U.S. atomic bomb test that took place off the Bikini Atoll in the Pacific Ocean earlier that week.

- On July 7, 1962, "The Stripper," by David Rose, becomes the No. 1 pop hit in America. When a Los Angeles disc jockey heard the piece, he thought it was so funny that he played it almost continuously during his program one day. Soon "The Stripper" was a national hit, and well on its way to becoming a permanent piece of American pop culture.

- On July 6, 1976, in Annapolis, Md., the United States Naval Academy admits women for the first time in its history with the induction of 81 female midshipmen. In May 1980, Elizabeth Anne Rowe became the first woman member of the class to graduate. • It was multitalented Robert Anton Wilson -- he was, at various times in his life, a novelist, essayist, psychologist, editor, philosopher, playwright and mystic -- who made the following observation: "It only takes 20 years for a liberal to become a conservative without changing a single idea."

STRANGE BUT TRUE

- The U.S. Department of Agriculture recently released its study on the costs of raising a child. Those who have children may not be surprised to learn that the average two-parent, middle-income family spends a whopping \$222,360 on the child through the age of 17 -- and that figure, of course, doesn't include the cost of a college education.

- The blue whale is the largest animal known to have ever existed. The marine mammal is so large, in fact, that a grown man could swim through its largest blood vessels. • The company known as Ulysse Nardin, based in Switzerland, is known for its line of luxury watches. They've recently expanded their offerings, though, so the next time you're in the market for a cell phone, you might want to check out their version of Google's Android model. You also might want to check your bank account; this gold-plated piece of technology will retail for \$50,000.

- Here's a sign of our increasingly cluttered lives: When the National Association of Professional Organizers was formed, in 1985, it had five members. Today there are more than 4,000 registered organizers with the group.

- According to the U.S. Bureau of Labor Statistics, those who hold the most dangerous job in America aren't firefighters or police officers; they're taxi drivers, with 22.7 homicides for every 100,000 workers each year.***

THOUGHT FOR THE DAY

"It's not the genius who is 100 years ahead of his time but the average man who is 100 years behind it." -- Robert Musil

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Book Review

The Doctor Is In (sane)

by Priscilla Friedersdorf

Dr. Dave Hepburn, who writes a weekly column, *Dr. Dave* for the *Island Sun* and *The River Weekly*, has recently published a book *the Doctor Is In (sane)*. He subtitles it *Indispensable Advice from Dr. Dave* and bases the chapters on his medical practice and advice which is generously laced with humor.

Hepburn first relates something bizarre, hilarious, outrageous and then "BAM" now that I have your attention, here is my diagnosis and my advice; a "carrot and stick" approach to medical practice, e.g. speak with levity but carry a big tongue depressor. And it works, you remember the vignettes he relates with more clarity than listlessly turning the pages of a medical manual filled with scientific terms and ailments.

Although Dr. Dave does not subscribe to the theory that "laughter is the best medicine," this book will at least lighten your mood and alleviate your anxiety until your condition improves. The index gives a ready reference allowing you to browse through your particular medical interests without searching through the entire book.

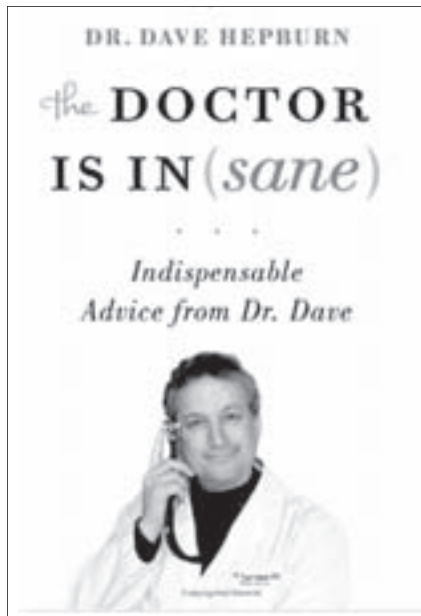
The chapters are short and succinct, as is his weekly column in the newspapers. In the introduction he admits to a wanderlust which has often taken him out of the confines of his office and into the wider less developed world to treat patients.

In his chapter *Kicking Death in the Head* Hepburn deplors the "supersized sedentary society" which has led to obesity. He prescribes a dog and "...ten thousand steps every day" in addition to an exercise program, sitting less than 7.5 hours per day and using a waist-hip ratio as a predictor of having "the Big Mac Attack."

We are reminded that average life expectancy in 1900 was 48 years and now is 76 in America (80 in Japan) with projections anticipating 125 for later generations. And Hepburn continues his speculation on longevity with his light-hearted mix of sage advice, ending with a quote from a Dr. Ivan Popov, "Wouldn't it be great if we all died young... late in life." We are warned, "...the big three risk factors for cardiac disease are smoking, high blood pressure, and high cholesterol."

A special chapter, *On the Wild Side*, compares how personality and attitude can affect mental outlook but also physical well-being. He quotes a psychiatrist, "...personality style only becomes a disorder when it is taken to the extreme. Then it begins to interfere with day-to-day functioning."

Hepburn's cover photo shows him to be a handsome man; his patients have no doubt noted his resemblance to actor George Clooney, and he often slyly refers to the famous movie star; writing "... if you have any doubt about a lump or bump, be sure to have it checked out by a professional such as George Clooney.



He can be reached at www.drDaveLookalike.com."

This amusing, informative and entertaining book by Dr. Dave Hepburn will be a good reference manual and help alleviate medical anxiety. *The Doctor Is In (sane)* is available at Sanibel Island Bookshop, from Greystone Books, 1094 Flex Drive, Jackson, TN, 38301 or by calling toll free: 800-343-4499.*

Library Summer Reading Program

Games, prizes, snacks and smiles will be part of the July Summer Reading Program at the Sanibel Public Library.

Programs are held on Tuesdays at 3 p.m. and are open to children of all ages.

Make a Splash! READ! is for pre-K to 5th graders. The programs:

July 6 – Scavenger Hunt
July 13 – Toni Westland, "Ding"
Darling Wildlife Refuge
July 20 – Page Turner Adventures
July 27 – Stephanie Ray, Tarpon Bay Explorers

Make Waves @ Your Library, Teen VIP After-Hours Programs for teens and tweens (6th to 8th graders)

Teen VIP After-Hours programs are held on Tuesdays from 6 to 7 p.m. and includes crafts, Wii, Guitar Hero, Dance, Dance Revolution and snacks. The schedule:

July 6 – Tie Dying (Bring a T-shirt)
July 13 – Duct Tape Crafts
July 20 – Open Mic Night
July 27 – Pizza Nigh/Scavenger Hunt
For additional information, call Ms. Barb at 472-2483.*

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Jeweler Named One Of Nation's Top 50 Designer-Jewelry Retailers

Congress Jewelers has been named one of the nation's top 50 designer-jewelry retailers for 2010/2011 during the fifth annual JCK Designer Retailer Awards in Las Vegas. Only three Florida retailers were included.



Scot Congress

The awards are based on the retailer's effectiveness in educating the consumer on the quality and value of designer jewelry; displaying and merchandising designer products for maximum salability; and showing commitment to fair business practices.

"Innovation, creativity and fresh design are what motivate consumers into purchasing jewelry," noted Yancy Weinrich, industry vice president, JCK Events. "The retailers who are recognized are particularly attuned to and passionate about presenting, merchandising and selling designer jewelry. To be nominated is quite an honor for these retailers."

Congress Jewelers also has qualified for membership in the American Gemological Society, which includes less than five percent of jewelers in the United States and Canada and only two stores between Sarasota and the East Coast.

Proprietor Scot Congress, who has owned and operated jewelry stores in Southwest Florida since 1983, serves on the board of Jewelers of America, an industry association of 11,000 jewelry stores nationwide. He is a 10-year Cornerstone member of Couture, the nation's leading high-end jeweler trade event, which brings more than 200 designers and manufacturers to Las Vegas each summer.*

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Talent Search



Whitney Wolanin
 photo by TopNotch Records, Garth Francis

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Talented boys and girls, age four to 12, are needed for a music video for a new song, *Mr. Right* by TopNotch Records singer-songwriter Whitney Wolanin. The video will be shot in HD in Fort Myers.

Live call auditions will be held by the casting director on Saturday, July 24 starting at 1 p.m. in board room 1 at PrivateSky Aviation Services, Inc, One PrivateSky Way, Southwest Florida International Airport.

The HD video will be displayed in various locations around the world. A parent or guardian will be required to sign a "works for hire" release the day of the audition on behalf of the minor prior to auditioning. Bring non-professional photos of the child and a bio with parental contact information; email and cell phone number(s).*

Miracle Start Second-Half Red Hot; Big Fireworks Show Saturday



by Ed Frank

After a rough season's first half when the Fort Myers Miracle finished 28-42, they began the second half last weekend with a three-game sweep of the Charlotte Stone Crabs, the first-half champions of the Florida State League South Division.

The 3-1, 7-6 and 13-inning 5-4 wins jumped started the Miracle into first place in the early going of the second half in the tough South Division as this week began.

Local baseball fans can celebrate the Miracle's recent success tomorrow, Saturday, at the annual fireworks show that will follow the 7:05 p.m. game against St. Lucie at Hammond Stadium.

The Saturday night game will conclude a three-game series with St. Lucie that began Thursday.

The Miracle also was honored this week when it was announced that outfielder Ben Revere, a Florida State League All-Star last season, and current Miracle pitcher Liam Hendriks have been selected to participate in the 12th annual All-Star Futures Game July 11 in Anaheim, California.

Revere and Hendriks join the likes of former Miracle players, now major leaguers Joe Mauer, Justin Morneau, Jason Kubel and Francisco Liriano who previously participated in a Futures Game.

Hendriks, from Perth, Australia, is a top pitcher in the Minnesota Twins organization. He leads the Miracle with a 5-2 record and a low 1.86 ERA. The 21-year-old right-hander joined the Miracle in May after starting the year at Low A Beloit.

Revere, now in his first season with Double A New Britain, was a first-round draft selection of the Twins in 2007. He is currently hitting .307 with the Rock Cats.

Selection to the Futures Game is made by the Major League Baseball Scouting Bureau and the 30 Major League baseball teams.

Rumors Abound that Twins May Trade for Former Cy-Young Winner Cliff Lee

The baseball rumor mill was buzzing last week that the Minnesota Twins were courting left-hander Cliff Lee to bolster their pitching corps for the stretch run.

Lee was the National League 2008 Cy Young Winner with the Philadelphia Phillies who traded the hurler to Seattle last year. Sidelined for the start of this season, Lee has gone 6-3 with a league best 2.39 ERA since returning from the DL. He leads the American League in four complete games.

A free agent at the end of this season, the Twins could likely sign the lefty to a long-term deal now that their coffers are enriched as a result of their new stadium, Target Field.

If the Twins are successful getting Lee, look for the trade to include their talented catcher Wilson Ramos who is stymied behind All-Star catcher Joe Mauer.

Groundbreaking Set for new Red Sox Stadium

Construction will begin soon for the new spring training home of the Boston Red Sox on Daniels Parkway in Fort Myers.

The ceremonial groundbreaking is scheduled for August 27 to coincide with the Red Sox playing the Tampa Bay Rays in St. Petersburg in the hopes that Red Sox officials will attend.

The facility is scheduled to be completed for the 2012 spring training season. The Red Sox will return to the City of Palms Park for the final time in 2011.*

SPORTS QUIZ

1. When was the last time second basemen won both the A.L. and N.L. Most Valuable Player awards in the same year?
2. Name the first manager of the Seattle Mariners.
3. When was the last time the University of Texas football team was not ranked in The Associated Press Top 25 poll?
4. Who was the last NBA player to have a triple-double while also having at least 50 points in the game?
5. How many times has Canada won the gold medal in men's hockey at the Olympics?
6. Who was the first male soccer player to score at least three goals in three different World Cups?
7. In the 2010 Boston Marathon, Ryan Hall set a new record for U.S. men with a time of 2:08:41. Who had held the mark?

ANSWERS

1. In 1914, Eddie Collins (Philadelphia) and Johnny Evers (Boston) each won an MVP award. 2. Darrell 3. It was Oct. 8, 2000. 4. Kareem Abdul-Jabbar, with 50 points. 5. Eight times -- 1920, '24, '28, '32, '48, '52, 2002. 6. Germany's Juergen Klinsmann (1990, '94, '98). 7. Bob Kempainen had a time of 2:08:47 in 1994.



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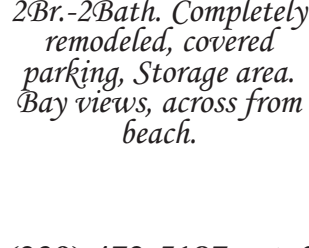
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Sanibel Recreation Department Recognizes Volunteer Of The Month

The City of Sanibel Recreation Department recognizes Volunteer of the Month Avice Lindstrom.

Lindstrom spends her winters on Sanibel and has been volunteering with the youth programming at the recreation center for the past two years. When not on Sanibel, she and her family reside in the seaside community of Duxbury, Massachusetts. Her husband was a commercial lobsterman and fisherman while she was an elementary school teacher.

After retiring from a 30-year career as an elementary school teacher, she missed working with children but not the responsibilities of a classroom and paperwork. Through volunteering, Lindstrom still has the opportunity to work with children and enjoy their enthusiasm and love for learning. She said, "My favorite part of being a volunteer is having the ability to go on field trips with the children and watch as they are exposed to new experiences and discover new things."

Volunteer opportunities are now available. For information on joining your friends and neighbors who serve as recreation center volunteers call 472-0345.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information visit www.mysanibel.com.

Read us online at IslandSunNews.com

Onward To Denver In Year Two Of Congress Baseball Adventure



John and Doug Congress at Coors Field, Denver



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Josh and Doug at Rickwood Field, Birmingham

by Doug and Josh Congress
edited by Ed Frank

The first week of Chapter Two in our journey to visit every Major League ball park is complete – Sanibel to Denver with stops along the way in Birmingham, Memphis and Oklahoma City.

Our 8,000-mile venture this summer will take us to 10 Major League stadiums in the western United States, a venture that will complement the 20 stadiums we took in last summer from Kansas City eastward.

Of course, baseball is the primary objective, but feasting is a close second.

In Birmingham, we visited the oldest professional baseball park in the United States, Rickwood Field. Built in 1910 (two years before Boston's historic Fenway Park), it had been the home of the Black Barons of the Negro League. Today, the field is used for high school tournaments and some annual throwback games.

Of course, no trip to Memphis would be complete without a stop at Graceland where the temperature must have been 1,001 degrees with 99.999 percent humidity. That didn't stop us from dining at two famous rib joints – Interstate BBQ and the Rendezvous.

The next day it was onward to Oklahoma City where we checked into an ancient, flea-bitten hotel where I quickly canceled the room and called my administrative assistant (my wife) and requested she find us a more hospitable option. She quickly found us a wonderful Sheraton just minutes away from Bricktown Ballpark, where the Triple A Oklahoma City Redbirds were playing the New Orleans Zephyrs.

Bricktown Ballpark may not have been part of our Major League tour, but it is the real deal. This \$34-million stadium built in 1998 is nicer than half of the big league parks we have seen. Josh said he liked it better than the new \$1.5-billion Yankee Stadium.

Its classic red brick exterior blends perfectly with neighboring buildings, and the 13,000-seat park provides perfect vantage from every location. We bought Row 4 seats behind home plate for a total of \$26. In the bigs, this would not buy you a third



Josh at Bricktown Ballpark

We started the next day with a brisk two-mile walk to Coors Field for a 10 a.m. tour. Coors Field, located in downtown Denver, was opened in 1995 and was constructed using 1.4 million bricks. Because it is a mile above sea level, the game balls are kept in a humidor to counter the low oxygen level of the high altitude.

Coors Field is a top notch facility, but this Florida boy was gasping for breath when we trudged to the third level of the facility. We loved the open concourses that allow you to order food while not missing a pitch. The field is impeccable with rock and water formations in center field and a manual scoreboard in right field that adds a classic touch.

Because it was a night game, we had time in the afternoon to locate a well-known greasy spoon known as Duffy's where we consumed half-pound burgers smothered with onions, mushrooms, Swiss cheese and bacon along with a large order of Frings – French fries and onion rings. I failed to mention we started the meal with orders of atomic chicken wings.

One hour after the meal, I had to make my first and second visits to the Tums bottle.

But this was far from our only food adventure of the day. Colorado is known for a peculiar dish known as Rocky Mountain Oysters. Perhaps you know their content.

Back at Coors Field for a night game between the Rockies and the Milwaukee Brewers, we abided by our credo to taste the local cuisine. For \$7.50 we ordered a batch from a food vendor who smirked

and stated, "You are the first to order them today." That was not the type of recommendation we were looking for.

Hastily we made our way to our seats along with a beer chaser for me and a coke chaser for Josh.

Verdict? Well, the good news was they were not spherically shaped, rather they were thinly sliced (sounds painful), a bit thicker than potato chips and deep fried.

The bottom line: Rocky Mountain Oysters should not be consumed by humans. They are really bad. They are chewy, strong flavored and smell lousy. We both ate one and then I immediately had Josh take them to a far away garbage can.

Aside from the oysters, we had a great time cheering the Rockies to a 2-0 win over the Brewers. Three cheers for Coors Field.

Next Week: Week Two begins with Day Two in Denver.✧

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Local Jewelry Store Voted Among Top In U.S.

The Design Center at JCK Las Vegas announced its Top 50 retailer choices for 2010-11 at the fifth annual JCK Designer Retailer Awards ceremony in June. The number two ranking went to Lily & Co. Jewelers of Sanibel. This is the four-year-old store's fourth consecutive year in the top 50 and its third time in the top 10.

JCK Las Vegas is the annual, premiere jewelry trade event held in Las Vegas.

Lily & Co. offers custom jewelry fabrication and exclusive collections from internationally recognized designers.

The JCK Designer Retailer Awards recognized the Top 50 retailers based on the following criteria: educating the consumer on the quality and value of designer jewelry; displaying and merchandising designer products for maximum saleability; and commitment to fair business practices. The designees are selected by their fellow jewelry retailers.

"Innovation, creativity and fresh design are what motivate consumers into purchasing jewelry," said Yancy Weinrich, industry vice president, JCK Events. "The retailers who are recognized by the exhibitors in the Design Center are particularly attuned to and passionate about presenting, merchandising and selling designer jewelry. To be nominated as a Designer Retailer is quite an honor for these retailers."



Dan Schuyler and Karen Bell of Lily & Co. with Yancy Weinrich, industry vice president, JCK Events, right

JCK (Jeweler's Circular Keystone) has been one of the industry's leading trade publications for more than 133 years. JCK serves retailers, manufacturers, and vendors of fine jewelry and selected upscale gift categories while specializing in gemology information, financial management, visual merchandising, and e-commerce topics.*

Bailey's Center Backyard BBQ

The Bailey's Center Merchants' Association's second annual Backyard BBQ to celebrate Independence Day will be held Saturday, July 3.

There will be food, beverages, live music by The Hat Boys, Independence Smoothies, wine tasting, mule and wagon rides, pictures with Uncle Sam, a dunk tank, a bounce house and waterslide, free face painting and other activities for children and adults.

The family-centered event will begin immediately following the Independence Day parade from 10:30 a.m. to 12:30 p.m. at Bailey's Shopping Center on the corner of Periwinkle Way and Tarpon Bay Road.

Participating merchants in the center will be giving away free raffle tickets and more raffle tickets will be tossed to the crowd during the parade.

"We are lining up so many great activities and the event is really coming together. We want to see everyone there," said Ken Kasten, president of the merchants' association.*



Uncle Sam wants you to take a photo with him

The Sanctuary

Casually elegant, 4BR/5BA, pool home has lovely views of the 11th green. Features include formal living & dining areas, a kitchen-family room concept, an office, secret garden, an arts & crafts studio plus a 2 car garage. Spacious, open & bright with over 4400 sq. ft. of a/c living space!

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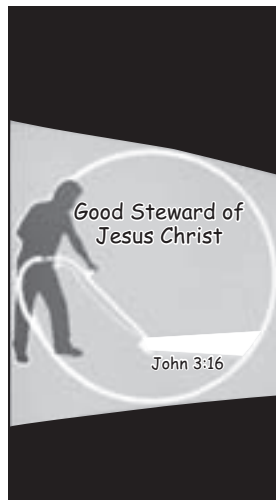
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FGCU Founder's Cup Tees Off

The 19th annual Florida Gulf Coast University Founder's Cup is scheduled to be played Friday, October 15 at Grey Oaks Country Club in Naples. Proceeds will benefit the FGCU Foundation, which provides funds to enhance scientific, educational and athletic programs related to the mission of the university, outside the scope of regular state funding. A perennial favorite and one of the most successful single-day fundraisers, the tournament has raised more than \$900,000 since its inception.

Activities begin with an 11:30 a.m. buffet lunch at the clubhouse. Golfers begin play at 1:15 p.m. with a shotgun start on two of Grey Oaks' championship courses. Following the tournament, golfers will have a dinner buffet and awards reception.

Registration is \$2,000 per foursome and \$500 for individuals. A championship sponsor level is available for \$2,500 and includes a four-player team and logo on a sponsors' golf towel. Golf towel sponsorships are \$750. This is a new sponsorship this year which will include all sponsors logos on a golf towel that will be given to each participant.

Grey Oaks is located off Airport Pulling Road, north of Golden Gate Parkway in Naples. For more information or to register for the event, contact Michele Kroffke at 590-1074 and mkroffke@fgcu.edu, or visit www.fgcu.edu/foundation/events.

PGA Tips

Man's Best Friend

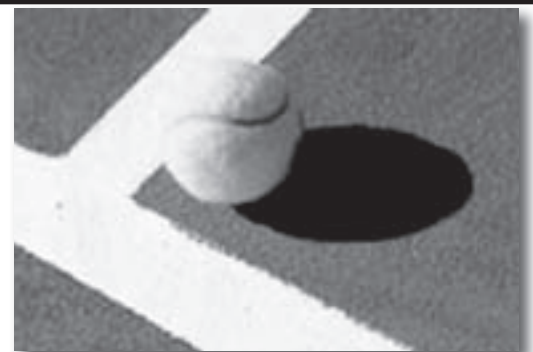


by Matt Oakley,
PGA Golf
Professional

Here is a good rules question this week:

You are playing golf and hit this beautiful shot right onto the green. As you walk up to the green, a dog comes running out of one of the houses and grabs your ball and takes off! Now what?

1. This falls into Rule 18-1 "Ball at rest, moved."
 2. The rule reads: "If a ball at rest is moved by an outside agency, there is no penalty and the ball must be replaced."
 3. What is an outside agency?
 4. According to the definitions of the Rules of Golf: In stroke play an outside agency is any agency other than either the competitor's side, any caddy of the side, any ball played by the side at the hole being played or any equipment of the side.
- So, the dog is an outside agency and you may replace a ball on the green (Fido isn't giving your ball back) as near as you can figure to where it was and play on with no penalty.*



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AVAILABLE MAY 1ST - JULY 31ST 2010

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- Guest discounts
- Complimentary tennis
- Tennis instruction discounts
- Golf and tennis shop discounts
- Food and beverage discounts
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- Participate in tennis team matches
- Tennis instruction discounts
- Golf and tennis shop discounts
- Food and beverage discounts
- Access and billing privileges at Sundial Beach & Golf Resort

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Getting Casual

by Cindy Malszycki



As easy-going as they appear, casual decorating schemes don't just fall into place. There's a world of difference between the casual room that has evolved haphazardly and

one that is well decorated. Good casual decorating takes into account both comfort and style.

Starting with comfort factor, furniture should look inviting. But more importantly, it must feel good. Deep-seated sofas and overstuffed arm chairs with ottomans send the message, "Come, sit here." Certain fabrics and materials lend themselves to the casual style. Leather is an excellent choice, as are chenilles and textured fabrics. Save your elegant florals and silks for your formal room.

Refer to nature for ideas. Natural materials are inherently pleasing to the

senses and always at home in a casual setting. Exposed wood beams, hard wood floors, and rustic tile give a room an easy, relaxed feel. Add an area rug to soften the look and absorb sound. Bring the outdoors inside with a few houseplants. If you're not much of a green thumb, consider some of the authentic-looking permanent botanicals. A texturing paint or wall covering will add depth and warmth to your casual setting.

Asymmetrical furniture arrangements are perfect in an informal room. Pull your furniture away from the walls and experiment with angular arrangements. Avoid the predictable look of sets of matching end tables and coffee tables.

Casual design applies to wall and tabletop accessories as well. Accessory pieces should be in odd numbers and of varying sizes and shapes.

When looking for a respite from the hustle and bustle of your daily routine, your casually decorated room will offer a relaxing retreat.

Cindy Malszycki is an interior decorator on Sanibel. She can be reached at cindy@decden.net.

Top Producer

Sheila Hammons was the most productive marketing agent for RE/MAX of the Islands in May. She is a native of Louisville, Kentucky who moved to Florida in 1999 and is an island resident.



Sheila Hammons

Hammons is a member of the Sanibel-Captiva Conservation Foundation and also serves on the board of directors of the Sanibel & Captiva Islands Association of Realtors and is a member its multiple listing system (MLS) committee.

Tops In Sales

Robyn and Robb Moran were honored as the most productive RE/MAX of the Islands Sales Associates during the month of May. The Morans are originally from New England, and retired from successful careers in business and criminal justice respectively.



Robyn and Robb Moran

Both have earned the Realtor Association's Sanibel and Captiva Islands Specialist (SCIS) professional designation and are active in the local Realtor Association.

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High Tide Condo



- Spectacular condition! Direct gulf front
 - East corner, first floor unit
 - Completely remodeled 2BR/2BA
 - Furnished, move in condition
 - \$1,650,000 (2901181)
- Raleigh Allen/Dan Cohn 472-5187 x 320/294**

Riverside Estate Home w/40' Slip



- Direct river views
 - 3 bedroom/2.5 baths
 - 2 fireplaces/2 laundry rooms
 - Gated community
 - \$1,645,000 (2800394)
- Judie Anderson 472-5187 x 265**

Lake Front Home



- Lovely 3BR/2BA Old Florida style
 - Split plan, water views from almost all rooms
 - New kitchen appliances, cabinetry & corian counters
 - Pool resurfaces 2005, home re-piped, community tennis
 - \$699,997 (2800390)
- Dan Cohn 472-5187 x 294**

East End Near Beach



- Very secluded 3BR/2BA home
 - Views of Sanibel River, pool
 - Beamed ceilings, pine floors
 - Secluded, on dead end street
 - \$749,500 (2901255)
- Ken Colter 472-5187 x 229**

Sanibel's Best (& Newest)



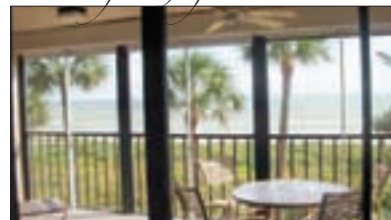
- Last condo complex built on Sanibel
 - Huge open floor plan, 9' ceilings
 - 3 bedroom with den
 - Travertine marble, granite, total luxury
 - \$2,590,000 (2100390)
- Susan Dunn 472-5187 x 238**

First Time Offered!



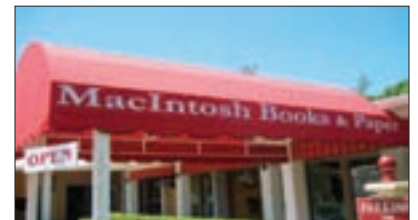
- 3BR/2BA recently updated home
 - Within walking distance to the beach
 - Fenced, oversized pool & deck
 - Spanish tile, brick driveway and more
 - \$689,000 (2901039)
- John Fjeldstad 472-5187 x 324**

Beautiful Gulf Front Location



- Great rental potential
 - Lovely bright and airy unit
 - 2 BR/2BA + den, great location
 - Outstanding amenities
 - \$875,000 (2901111)
- Ralph & Cathy Galietti 472-5187 x 211/212**

Sanibel's Premier Bookstore



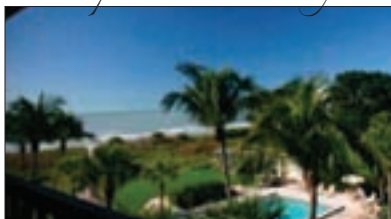
- Continuous business since 1960
 - Strong base of loyal customers
 - Central, Periwinkle frontage
 - Turn key operation
 - \$119,000 (2801199)
- Debbie Gleason 472-5187 x 263**

A Simple Life



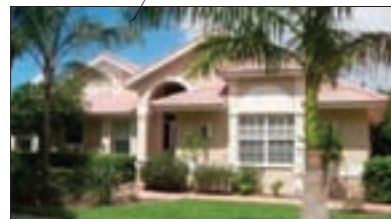
- 2 bedrooms, 2 baths, 1 car garage
 - New S/S appliances, hurricane windows
 - Large lake views
 - Cul-de-sac, peaceful & quiet
 - \$525,000 (2100274)
- Linda Gornick 472-5187 x 261**

Top Floor West Facing



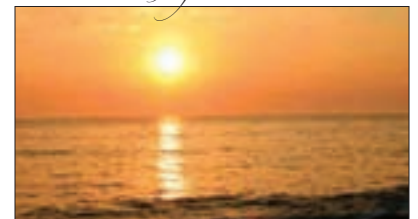
- 2 bedroom, 2 bath with vaulted ceilings
 - Recently remodeled
 - Excellent rental potential
 - Tremendous sunset views
 - \$650,000 (2800343)
- David Schuldenfrei 472-5187 x 227**

Direct Deep Water Access Home



- Spacious lakefront, pool home
 - Vaulted ceilings, open floor plan
 - 3BR/3BA, open kitchen
 - Dock/boat lift included
 - \$649,000 (2900978)
- Jason Lomano 472-5187 x 286**

Direct Gulf Front Homesite



- Deep lot with a gorgeous, private beach
 - Room for an estate home & swimming pool
 - At the end of prestigious West Gulf Drive
 - Gorgeous sunsets, a rare opportunity
 - \$3,990,000 (2100499)
- Jim Hall 472-5187 x 215**

Recently Renovated Cottage



- Ground level 3BR/2BA, near beach
 - New furnishings, cabinets & appliances
 - Wood floors in LR & bedroom areas
 - Tiled kitchen & baths, new vanities
 - \$398,500 (2700973)
- Jayne Lumley 472-5187 x 237**

4 Bedroom Signal Inn



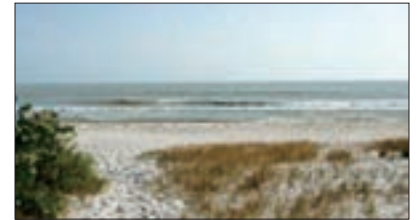
- One of the largest condos on Sanibel
 - Awesome rental income w/ potential of 100K+
 - 4bedrooms, 3 baths, 2600 +/- Sq. Ft.
 - Use as a home or investment
 - \$1,095,000 (2100185)
- McMurray & Nette 472-5187 x 250/266**

Beach Front Condo



- 1 BD/1 BA in Casa Ybel Resort
 - Guaranteed rental income
 - Great amenities
 - 35 days owner use
 - \$559,000 (2900885)
- Jim & Penny Hetmanek 472-5187 x 219/202**

Sundial



- Wonderful 1 BR/1 BA condo
 - Fully furnished and well maintained
 - Pool, tennis, beach access & much more
 - Great rental potential
 - \$369,000 (290358)
- Karen Bell 472-5187 x 270**



*Based on closed sales 6/3/09 through 6/3/10 per Sanibel Captiva Multiple Listings Service

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**Happy
4th of July!**

From page 29

Contest Finalists

October. For reservations call the box office at 936-3239 or purchase tickets online at www.theatreconspiracy.org. Theatre Conspiracy performs in the Foulds Theatre in the Alliance of the Arts at 10091 McGregor Boulevard in Fort Myers. ✨

Beach Conditions Report
Go to: IslandSunNews.com
 For up-to-date information
 on local beaches

Insurance Tip: Watch For Your Renewals



by Marge Meek

After many customers inquired about not receiving a wind renewal over the last month, it was apparent there was a problem larger than too much mail or people moving between

winter and summer homes. Citizens did respond last week that the problem has been fixed. The issue was that some, not all, of wind renewals from mid-April onward had not been mailed. To date no official notification has been given, but informally the cause was given as a systems issue.

Whatever the reason, if your wind policy renews during the next couple of months, watch for your renewal and if you don't receive it, call your agent. The invoices are available online along with the declaration page. The agent's first notification that the renewal hasn't been paid is a cancellation notice that comes out on the effective date. There is a 15-day grace period for you to get your payment in, so it is important to open any mail from Citizen, and your agent can help by notifying you about the cancellation notice as well.

Another government insurance issue can affect your insurance coverage. Since the beginning of the year, federal funding for the flood program has not been passed by Congress. There have been two extensions, but as of this date, there is no extension in place, so no new flood insurance can be issued. Home closings with mortgages have been continuing by transferring the active flood policy from the seller to the buyer.

Again, watch your renewals because during this period without an extension of the program and without passage of the flood bill, insurance providers cannot send out your flood renewals. This means that when the funding is passed, all the renewals that are being held up will be released. Flood invoices are sent out a couple of months in advance, which should give you plenty of time to pay your bill. Flood insurance does give you a 30-day grace period after the effective date.

Your insurance agent has been kept informed of what is happening and what options are available, so contact her/him. There are many media stories going on about the ramifications of Congress not approving the flood bill, but your agent gets the latest information directly from FEMA and can give you an accurate update.

Marge Meek is a local Sanibel-Captiva insurance agent, who can be reached at mmeek@rosierinsurance.com. ✨

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Will Power

Do All Revocable Trusts Avoid Probate?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA

When you have a revocable trust, does that always mean that your estate will avoid the probate process when you die? You may be surprised to learn that the answer is

“No.”

Why is that? First, let's review what the probate process is. Many people think that “probate” means “taxes.” Probate is not a tax. Probate is actually a court process where your last will is admitted to court (authenticating that there are no other wills that supplant it), your personal representative is appointed to handle all estate matters (in some states this person is called your “executor”), your creditors are cleared, taxes are paid, accountings are filed, and eventually the beneficiaries receive their inheritance.

While revocable living trusts are designed to avoid the probate process, you actually have to transfer your assets into the trust to make that so. Unfortunately, many people believe that they transferred their assets into their trust when they really haven't. I've found that a common misconception is that

if you create a list of your assets and attach that list to your trust, then you have accomplished a transfer. That won't work.

The correct way to transfer your assets into your trust requires a change on the title to those same assets. Suppose that Ted Turner owns thousands of acres of ranch land in Montana that he wants to put into his revocable trust. He needs to sign a deed that transfers his Montana ranch to the trustee of the trust. Most of the time the person who creates the trust is also acts as his or her own trustee. So the deed in this example would likely be to Ted Turner, Trustee for the Ted Turner Revocable Trust dated July 1, 2010 (assuming that is the day that Ted signed his revocable trust).

The same holds true with Ted's certificate of deposits, bank accounts and brokerage accounts. He needs to complete forms with his financial institutions that change the name on the account to Ted Turner, Trustee for the Ted Turner Trust. If he or his lawyer does not go through this exercise, then Ted hasn't transferred his assets into his trust, and those same assets will therefore have to go through the probate process on his death.

Your wealth needn't rise to the level of Ted Turner's by the way, to benefit from a revocable trust. If your net worth

exceeds \$250,000 then you should take the time to consider whether a revocable trust is right for you. This depends largely not only on the value of your net worth, but on the types of assets that you own, and the facts of your individual and family situation.

Many people worry that once they transfer their assets into their revocable living trust, then they'll lose control over those assets. This simply isn't true. Since by definition the grantor of a revocable living trust can amend or revoke the trust at any time, he or she controls the trust and the trust assets as long as they are alive and competent. Generally speaking, the grantor of a revocable living trust can consume, sell and transfer any asset at any time without restriction.

It is not uncommon for people who have revocable living trusts to die with assets outside of the trust requiring a probate. This isn't the end of the world. When you have a revocable living trust, your will becomes something known as a “pour over will.” If you read the provisions of your pour over will carefully, you'll see that your will doesn't really say who is to get what from your estate.

Instead, you'll find that the will directs distribution of those probate assets into your revocable living trust. Your will acts as a “safety net,” catching the assets that should have been transferred into your revocable living trust during your lifetime – transferring them at your passing into your trust.

This highlights another benefit of revocable trusts. Note that the pour over will doesn't say who gets what from your estate – and how they get it. It simply

says to transfer any probate assets into your trust for distribution in accordance with its terms. All wills are public documents since they have been filed with probate court. Anyone can go down to the courthouse and see your will after your death. In contrast, trusts are private documents. They are not filed publicly. So even if you have assets subject to probate at your death, if you have a trust the general public will not be able to easily see who your beneficiaries are and what they are receiving. In today's world filled with scam artists, this is a rather important benefit to trusts.

There are certain assets that should not be transferred into your revocable living trust during your lifetime. If you were to try to transfer your IRA account, for example, you would likely have to recognize all of the taxable income inherent within the IRA. Since IRAs name a beneficiary they do not go through the probate process at your death and therefore do not – and should not – be transferred into your revocable living trust. Generally speaking, annuities also are not funded into revocable trusts for much the same reason.

If you are wondering whether the right assets have been properly transferred to your trust, you should visit with your estate planning attorney to review your current situation. Provide copies of your current deeds, brokerage, bank, and financial statements and copies of any annuity, life insurance and IRA accounts along with their beneficiary designations.

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472-HOME (4663)

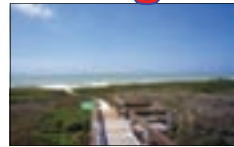
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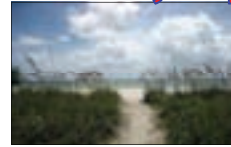
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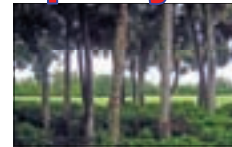
Near-beach condo at Colonnades aka The Colony Resort \$189K



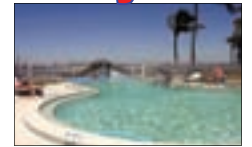
~158' x 130' double parcel on Belding Dr near Rec Ctr \$224K



Sanibel River Estates lot near this community beach access \$249K



Cul-de-sac lot on 10th fairway in The Sanctuary \$269K



Top-floor 2-bedrm canal-side condo at Mariner Pointe \$299K



One of the last lots left in Island Woods, this community pool \$325



Thoroughly-remodeled east-end Captains Walk 2-bedrm unit \$325



Seller willing to help finance this east-end near-beach lot \$349K



Water views on 3 sides of this just updated 2 bedrm condo \$349.5K



Mariner Pointe boat slips available, but must buy condo 1st \$379.9K



1st floor river-view Spanish Cay 2 bedrm private corner \$379.9K



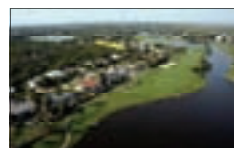
Updated 2 bedrm in small community w/pool & tennis \$397K



Corner 2-bedrm 2nd floor condo overlooking San Carlos Bay \$399K



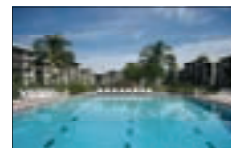
Near-beach home w/ high ceilings, mostly tiled, & income \$399K



Single-family home lot in The Dunes golf & tennis community \$399K



Lot in Sanibel Bayous within walking distance of this beach \$449K



Loggerhead Cay condo looking down courtyard to beach \$474K



Cozy beach cottage w/ pool nestled in tropical tree tops \$499K



Sanibel Siesta 2 bedrm w/garage & on-site rental income \$524K



Casa Ybel Resort beach-front condo w/ income \$695K



West Gulf Dr updated corner 2 bedrm w/ beach view \$699K



Top-rated Oceans Reach walkout w/years of income \$699K



Kings Crown 3 bedrm w/this view & rental income \$799K



Over 1/2-acre parcel w/ views of intersecting seawalled canals \$995K



3 bedrm looking over lagoon to beach at Pointe Santo \$999K



Stunning Gulfside Place penthouse w/expansive gulf views \$1.099M

Center 4 Life Programs

On Tuesday, July 13 at 10 a.m. Melinda Graham, owner of Surroundings, the home décor boutique on Sanibel, will present a casual, fun seminar on Clever Decorating: Repurposing Tricks.

She will show how to display your best shell; how to use that pretty basket or teacup from Noah's Ark; and how to display grandma's teapot, among other topics.

She will show how to artfully bring our home alive using our antiques, real or silk flowers, seashells or vintage baskets and kitchenware

Graham is a "lifestyle expert" who has written for *Womans' Day* and had her home featured on the cover of *Budget Decorating Ideas* magazine. Read her tips at www.sanibelcaptivadaily.com.

The seminar is free and each participant will receive a coupon for a discount at the boutique. Sign-up is a must because of space limitations.

Summer fitness classes at the City of Sanibel Center 4 Life include HAPPY Hour Fitness and Essential Total Fitness with Sandi McDougall on Monday, Wednesday and Friday at 9 a.m.

Gentle Yoga with Chris Brown is at 11 a.m. Monday and Wednesday. Class exercises make use of chairs and mats to meet the needs of varying experience levels. Bring a towel.

Bridge for Fun is at 12:30 p.m. Monday and Wednesday.

Mah Johngg is at 12:30 p.m. Thursday.

Prizes for both games are awarded and materials and supplies are included. Cost is \$2.50 for members, \$5 for non-members.

Kayaking is on July 13 and 27. There is space for 16 people on eight two-person kayaks and unlimited space for those who own their own kayaks. Meet at the center. The center supplies the kayaks, paddles and life jackets (which all participants must wear). Also, it is useful to bring water, a small snack, change of clothing (in case you get wet), sun and bug lotion, sunglasses and a hat.

Fees are \$5 for members and \$10 for non-members. Sign up and pay at the center.

Cinema Therapy is back July 2 at 1:30 p.m. This is a free adult time-out to escape in Movieland. It's every Friday and includes free popcorn, a movie and laughter. Only comedies and musicals are shown. Stop by the center to pick up the schedule.

Leisure Lunchers - Thrift & Consignment Shoppers, explore new restaurants and shops. Carpooling is encouraged. Sign up at the center and view the menu. You must pre-register.

The next trip is on Tuesday, July 20. Leave the center at 10:30 a.m. to dine at Food & Thought Restaurant & Market, 2132 Tamiami Trail N., Naples. The restaurant is not all vegetarian but offers vegetarian options as well as a juice, smoothie and coffee bar. There is outdoor seating.

Shopping will follow at Options Thrift Shoppe, 968 Second Avenue N., where 100 percent of the proceeds support life-

transforming programs and services in Naples, Immokalee and Bonita Springs. Options offers high-quality, new and gently-used furniture, rugs, linens, household items and small appliances; accessories and clothing for men and women, including a designer boutique.

Watercolor with artist Bea Pappas is Fridays from noon to 3:30 p.m. There will be two, four-week sessions on July 9, 16, 23 and 30. Cost for each four-week session: \$80 for members, \$100 for non-members. You will work from still life such as flowers, glass objects, and toys. First time artists as well as those with some experience are welcome.

Pappas suggests quality paper and paint for the best results and recommends watercolor paper that is 140 cold pressed, 22"x30" and acid free. Buy at least four sheets for the four-week session. Artist grade paint is recommended, such as Windsor Newton, in a minimum of yellow, red, and blue. A minimum of a one-inch flat brush of white nylon is also needed. Styrofoam plates make good palettes. Bring paper towels, too.

Computer Class is Tuesday, July 6 and Thursday, July 8 with Patty Waters. The topic: What's A Spreadsheet? There will be two sessions from 1 to 3 p.m.

These two sessions introduce working with rows and columns to keep track of everything from your checkbook, loan payments, household inventory and rentals. Cost is \$60 for members, \$90 for non-members.

Call 472-5743 for further details of all programs. ✨

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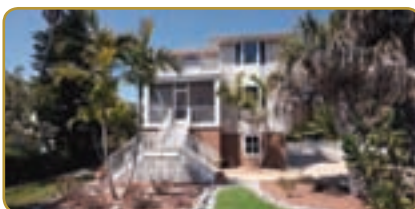


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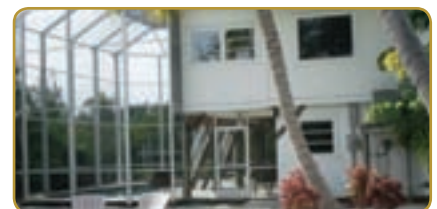


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LEAPP Event Calls Attention To World Elder Abuse Prevention Day



Dan Daniels of Department of Children and Families Adult Protective Services and Doty St. Amand of the Dubin Alzheimer's Resource Center

Lee Elder Abuse Prevention Partnership (LEAPP) held a public gathering on Tuesday, June 15 to commemorate World Elder Abuse Prevention Day. The event was held near the Uncommon Friends Fountain in Centennial Park in downtown Fort Myers.

The program gave an overview of the importance of recognizing and addressing the issue of elder abuse, neglect, and exploitation. During the ceremony, LEAPP members read letters and proclamations of support from Congressman Connie Mack, Governor Charlie Crist, Lee County commissioners and City of Fort Myers Mayor Randy Henderson.



Helen Fallert and Marilyn Gregory of the Area Agency on Aging of Southwest Florida

World Elder Abuse Awareness Day is held each year on June 15. This designated day serves as a call-to-action for individuals, organizations, and communities to raise awareness about elder abuse, neglect, and exploitation.

Approximately 24 percent of Lee County residents are in the age range of 65-plus and 12 percent are 75-plus. As older adults experience age-related illnesses and changes in physical abilities, the risk for isolation and potential self-neglect increases. These individuals may also be vulnerable to exploitation and abuse as their social support network slowly deteriorates. According to the National Council on Elder Abuse (NCEA) 2005 Facts Sheet, "for every one case of elder abuse, neglect, exploitation, or self-neglect reported to authorities, about five more go unreported."

Lee Elder Abuse Prevention Partnership (LEAPP) is a newly established coalition committed to creating community partnerships that effectively promote awareness of abuse, neglect, and exploitation of older adults in Lee County. The coalition's mission is dedicated to providing education, services, advocacy and support to vulnerable adults.

LEAPP is a collaborative effort with participating agencies and leaders including: Lee County Sheriff's Office, Department of Children and Families Adult Protective Services, United Way of Lee, Hendry, & Glades County, Area Agency on Aging

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for Southwest Florida, Cape Coral Police Department, Fort Myers Police Department, State Attorney's office, Office of Lt. Governor, NAMI, CCMI, Dr. Piper Center, Senior Friendship Centers, Hope HealthCare Services, Lee County Human Services, UF IFAS Lee County Extension, and an array of long-term care providers, elder law attorneys, financial planners, professional guardians, county judges, and other human service providers.

Initial funding for LEAPP was made possible through a grant awarded to the Alvin A. Dubin Alzheimer's Resource Center by the National Center on Elder

Abuse and the National Committee for the Prevention of Elder Abuse. Donations are being accepted by the Alvin A. Dubin Alzheimer's Resource Center to benefit LEAPP projects and initiatives.

For additional information about LEAPP, call 211 or 433-3900. United Way 211 information specialists are prepared to help you with your concerns regarding elder abuse, and questions about Lee Elder Abuse Prevention Partnership.✧

dearRPharmacist

The Goods On Grapefruit And Medications



by Suzy Cohen, RPh

Dear Pharmacist: My medication label suddenly warns not to eat grapefruit, but is this a serious interaction? Reason I ask is because I love to eat it, and nothing has

happened to me so far.

KA, Tulsa, Oklahoma

Then stay consistent with your eating habits because consistency allows your doctor to adjust medication dose based on eating habits. Momentarily, I'll tell you this incredible fruit can help you lower cholesterol, burn fat and reduce cancer risk, but first I must warn you that grapefruit prevents proper breakdown of some medications, causing blood levels to spike. This may happen even if you separate administration of the drug from the fruit or the juice by days.

Soon enough, I will give you a list of drugs to avoid if you won't give up the grapefruit. I wouldn't blame you either; I love grapefruit myself. The seeds are the primary source of naringenin, which is the bitter chemical that causes the pucker. It's also a strong antioxidant that not only

neutralizes free-radicals (which promote cancer) but also seems to prevent hardening of the arteries.

Grapefruit may boost metabolism, at least in rodents. Thin rats don't necessarily translate to thin thighs, although I still think grapefruit is a fine addition to most diet plans, especially those that include ways to help you improve progesterone to estrogen ratio and increase thyroid hormone. Grapefruit may help people with diabetes or metabolic syndrome (high cholesterol, blood pressure and blood sugar). Naringenin is not an appetite suppressant, or a fat blocker so if you take those dietary supplements, it's also fine to take this bioflavonoid supplement. It can be combined with protein supplements too, which are often recommended during weight loss.

You'll see it listed in various ways, including naringenin, grapefruit seed extract, GSE or part of a comprehensive bioflavonoid formula that also contains hesperidin, rutin or quercetin. These types of products are widely available at health food stores. Before you get too excited and buy supplements or fresh fruit at the grocery store, I need you to promise me that you'll get both your physician and pharmacist's approval (and it wouldn't hurt to research yourself) to find out if grapefruit, or grapefruit-containing supplements are right for you.

The approval from both your doctor and pharmacist is important because I don't have the space to list all of the drugs that might potentially interact. The following drugs (and possibly related

continued on page 52

HAPPY 4TH OF JULY!

East Rocks



Enjoy nightly sunsets from your great room and lanai... Beautiful views from this lake front three bedroom, two bath elevated home located in East Rocks. The home is filled with natural light... a wonderful great room with a vaulted ceiling. Large enclosed pool, and walk to the beach

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Atrium 204



Beautiful water views from this 2 bedroom with den 2 bath Gulf front Atrium unit. Enjoy the large glassed corner lanai, plenty of storage, and comfortable floor plan from your Island residence. The Atrium is a prestigious 24 unit complex located on West Gulf Drive with a heated pool, tennis courts, covered parking, and professionally landscaped grounds.

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Sanibel Arms D-6



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\$ 349,000

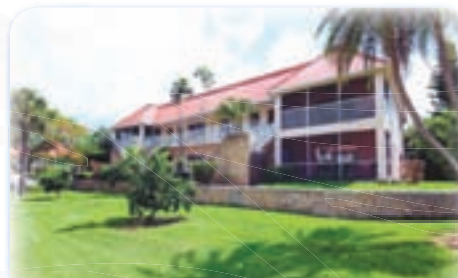
Pine Cove



Enjoy the amazing views and listen to the surf from this beautifully furnished 2 bedroom, 2 bath gulf front corner unit. Light & bright with lots of tile and has a large screened lanai. Pine Cove is a well maintained 16 unit complex, has under building parking and storage, and... great WEEKLY RENTALS!

\$950,000

Sanibel Arms H-2



Beautifully redone and nicely decorated one bedroom, one bath ground floor unit on the Gulf side of the complex...steps to the pool, beach and clubhouse. A wonderful Island get-a-way with boat dockage available for owners, an on site rental-management office, and...weekly rentals!

\$330,000



Chuck Bergstrom REALTOR



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Sanibel, FL

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After Hours

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From page 51

dearPharmacist

drugs that are not listed here) may have a potentially dangerous interaction with grapefruit, so never combine it with these: Sildenafil (Viagra), buspirone (Buspar), sertraline (Zoloft), triazolam (Halcion), diazepam (Valium), carbamazepine (Tegretol), cyclosporine, tacrolimus, felodipine, nifedipine, HIV medications, statins cholesterol drugs (simvastatin, atorvastatin, lovastatin), amiodarone, methadone, digoxin and losartan (Cozaar).

DID YOU KNOW:

Zyclara cream is now FDA approved and available to people who suffer with pre-cancerous spots on their face or scalp called actinic keratoses.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.dearpharmacist.com.

Alzheimer's Support Group

A support group specifically for adults who have a parent with Alzheimer's disease or a related disorder will meet on Tuesday, July 6, 6:15 p.m., at the Dubin Alzheimer's Resource Center, 10051 McGregor Blvd. Ste. 101 in Fort Myers.

Meetings are held each month on the first Tuesday at 6:15 p.m. The meetings

are sponsored by the Dubin Alzheimer's Resource Center.

Discussion includes issues, concerns, and questions adult children face as they provide care to a parent with memory loss or strive to learn more about Alzheimer's disease. The group is open to all interested individuals at no charge. For more information call 437-3007.*

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: Can you tell me what causes depression in someone? I feel that my father suffers from it and I would like to help him, but I am not sure how to go about it.

A: Depression can be caused by chemical imbalances in the brain and there is also evidence that a trauma, childhood abuse, and certain illnesses can predispose one to depression later in life.

There has been widespread debate over the best way to diagnose and treat this illness. Research has shown that for severe depression, anti-depressants do help, however, for mild to moderate depression, they are not as effective.

Others do debate this issue as anti-depressants' effectiveness may not be

evidenced in studies as one patient may find it effective and another may not. Physicians may try several different medications and have to experiment before a particular one is effective. There is also the timeline that varies. Anti-depressants can take up to a month to six weeks to show any effectiveness. There is really no way to know in advance which medication is likely to help.

If your father has physical complaints, the underlying cause may be depression as it often shows up in older adults as physical ailments. When the depression is treated, the physical complaints improve.

If your father is having difficulty completing daily tasks, he should be seen by a physician. A variety of psychotherapeutic approaches are also helpful. The important thing to know is that depression is treatable.

Research has shown for years that the combination of psychotherapy and anti-depressant medication can have long lasting results, reducing the risk that depression will return.

So talk with your father and let him know that you are concerned for his well-being and perhaps if he is suffering from the symptoms of depression that he should see his doctor and then be there to support him on the next best steps to treatment.

*Dr. Clancy is a licensed mental health therapist, certified hypnotherapist, life coach, author and public speaker. You may email Dr. Connie at connie@drconstance.com or call 239-472-3797.**

College Student Clubs To Hold Rummage Sale

Two student run clubs at Southwest Florida College will be hosting a rummage sale to support students in need. The sale will be held on Saturday, July 24 from 7 a.m. to 4 p.m. in the covered parking space below the Fort Myers campus on 1685 Medical Lane.

The event is open to the public and anyone is welcomed to rent a table. Concessions will be available for purchase.

The Allied Health Club is fundraising to support children in need with valuable school supplies. Its goal is to support 100 students this year. The IT Club is funding a scholarship for the IT students in order to help them pay for their certification exams.

Vendors need to arrive by 6 a.m. to set up. There is a cost of \$20 per table and sign-ups need to be done in advance by calling the college at 939-4766. Ask for Ms. Levine or Ms. Cohen. The sale will be held rain or shine.*

Road Rally Answer Miss Katie McCurry



Sanibel and Captiva Residents
You're invited to feel great at great prices!!!

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What: Resident Summer Savings Program (RSSP)

Where: Sanibel Day Spa
Periwinkle Place Shopping Center

When: All summer long (expires 10/15/10)

How: Stop in with your local drivers license and start saving today!

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Go to: www.SanibelDaySpa.com (what's new section)
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Eyelid Quiz

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- Do you have to raise your eyebrows to see more clearly?
- Have you hit your head on a cabinet door while open?
- Is it difficult to see beside you without turning your head left or right?
- Do your eyelids close while you are reading?
- When you play tennis, do you have trouble serving?
- Do your eyelids feel heavy?

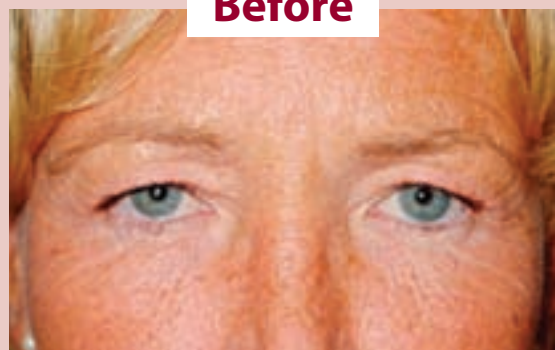


Natasha Larson, COA

If you answered "yes" to one or more of these questions, you qualify for a **FREE**, no obligation eyelid screening performed by Natasha Larson, COA.

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Before



After



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Before



After



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Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

We are having a very difficult time deciding when it is time to go – into a retirement complex.

Both of us are in our 70s, I am physically handicapped, and during the past 20 years walking has become increasingly more difficult and I will soon be in a chair. My husband enjoys much better health but he worries about our financial health.

This is a good time to sell our house, but these good returns may not last, so my husband thinks we should sell and run. I am just not ready to go emotionally or willing to admit to myself that I need

to go because my husband can't give me the increasing help I will need.

This problem is not resolved and is beginning to cause too much strain and stress in our lives. We need your help.

Della

Dear Della,

Moving into a retirement community is a big step. For some families it is the best decision.

Others may consider it the worst decision of their lives. The best thing to do is to make the most informed choice possible.

Find out when and what services you need. Explore all options of care from in-home services to retirement living. Determine the cost of care for each option. With some retirement communities it is possible to spend some time in the community as a guest. Do that. As you experience the environment as a guest, think at every turn, "Is this what I want my day-to-day life to be? Is this the environment I want to be in seven days a week, every week of the month, and every month of the year?"

Armed with all of that information you will be able to make a better choice.

Pryce

Dear Della,

Moving at this time in your life is a major change and some people find it overwhelming and extremely difficult, while others are just so glad to leave the responsibilities of a house they adjust in 30 minutes.

People are different – some need more help than others.

Research your options, decide on a

plan that most meets your needs and just hope for the best.

Lizzie

*Lizzie and Pryce's email address is momandmeaging@hotmail.com.**

Nursing School Approved At Edison College

The Edison State College Board of Trustees unanimously approved the School of Nursing within the college. The new school provides students and faculty a greater sense of camaraderie and also provides more visibility and oversight for the variety of nursing programs at ESC.

Programs offered include:

- Associate Degree Nursing (RN) – enrollment for fall is expected to be more than 500 students

- Advanced Placement Nursing (LPN to RN) – Current enrollment is 60 students and 60 new students will begin in the fall

- RN to BSN (Baccalaureate completion degree program) – Current enrollment is 130 students and the school expects to add 70-100 in the fall.

- Certified Nursing Assistant – Certificate training program.

"This new organizational structure positions the college to continue to develop the baccalaureate mission," said Dr. Mary Lewis, director of nursing.

Edison State nursing students remain

above the state and national averages consistently (Edison 93 percent, state 88 percent) on the state licensure exam. Edison State College has consistently ranked 13-15 percent in the number of nursing graduates in the country for community and state colleges, and student interest in pursuing the nursing profession continues to grow.

In 2008, 248 students graduated from the program, 260 students in 2009, and it is anticipated that Edison will graduate over 300 nurses in 2010. In addition, student enrollment for the Nursing Associates degree will surpass 650 students in 2011 and more than 200 students in the RN to BSN program.

In July 2010, a new 58,000 square foot nursing annex will be completed. This addition will consist of a large auditorium and medical museum on the first floor and a simulation hospital on the second floor. The implementation of simulation on this large scale offers opportunity for instructional design changes. These changes will offer interdisciplinary training opportunities and hospital employee integration for clinical and documentation training.

The Nursing program is accredited by the NLNAC (National League of Nursing Accrediting Commission).

Edison State College serves more than 20,000 students in five counties with campuses in Lee, Collier and Charlotte, and a center serving Hendry/Glades. Many classes are available online at www.edison.edu.*

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Dr. Dave

Godzillaspiders And Such



by Dr. Dave
Hepburn

“**W**hat a beauty!” rejoiced the exterminator as he lifted up the fibreglass batting to reveal a steroid-soaked spider the size of Saskatoon “We love these guys.

A few more of these sweethearts and you’ll have no more problems with carpenter ants in this house!”

As thrilled as Mr. Pestilence was to discover that I was breeding Godzillaspiders, I was not particularly placated by the phylum of insect that now dominated my real estate and my frontal lobe. I laid my head on the pillow that night, no longer concerned about my house disintegrating into sawdust but rather plagued with visions of herds of hungry tarantulas burrowing under my silk sheets in search of something tastier than antchops.

It didn’t help when I recalled the fact that the average North American will ingest, while sleeping, three spiders in their lifetime. Since learning of this nocturnal snacking habit, I sleep with one eye open knowing some daredevil spider might pop down my gullet into my stomach where it will spend the night dancing the eight-legged cha-cha while feasting on jujubes and Denny’s Grand Slam. I’d much prefer that spiders just took a few nibbles at my hide and be done with me.

Spider Bites

Imagine Bernie the Brown Recluse just hanging around the woodpile maybe working on his website or leering over at Black Widow Wanda who has just finished off a nice meal of a beetle or a botfly or a husband. Suddenly a pair of massive human hands reaches in, disturbing this happy arachnid scene and...

“Doc, I think I have a bite of some sort.”

“Looks like a fresh spider bite Bloggins. In fact, so fresh that the beast could be on you right now.” At this point a horrified Bloggins usually begins the dance of spider evasion, frantically patting his clothes and hair as he undresses as if his shorts were on fire.

“Will I die?” he pants.

“Yes, one day. But nobody has died of a spider bite in 10 years in North America. So relax. If you were a child and were covered in black widow bites then you might have some serious problems requiring antivenim, otherwise just wash the wound well and slap some meat tenderizer on that bite to neutralize the protein.”

Bees Wasps, Hornets, Yellow Jackets

When Betty Bee is disturbed while cross pollinating her daisies she might get upset and set her stinger deep into your skin. But she has a barb attached to her stinger that prevents her from pulling it out of her victim. When she attempts to fly away, the barbed stinger is anchored so solidly to the stinger that it tears Betty Bee’s belly, eviscerating and mortally wounding her. This is why if you listen closely while being stung you will hear “BzzzzOHCRApbzzz.” Too bad bee, or not to bee. Wasps on the other hand have no barbs and enjoy stinging you several times.

If stung by a bee, carefully scrape off the stinger with a knife or credit card (cost of stingerless sting: priceless). Throw some meat tenderizer and some ice on it. You might also use baking soda and even an aluminum-based deodorant (for perspiration-free bites).

A localized swelling at the site of a sting does not mean allergy. But if each sting leads to more intense local reactions, allergies may develop. If a serious allergic reaction occurs it will likely do so within 20 minutes. Eyes and skin will itch, vomiting and labored breathing usually follows. If allergic, carry a dual injection emergency allergy kit at all times or you might be providing the bees with... more daisies.

Like the column? You’ll LOVE the book the Doctor is In(sane) available at Sanibel Island Bookshop. You can also reach Dr. Hepburn via www.wisequacks.org.

Dr. Dave is co-host of Wisequacks, a national radio show that can be heard every Saturday at 1 p.m. EST – best heard in Florida over the Internet on CKNW. He is also a motivational speaker and travels throughout the U.S. and

Canada speaking on the exciting new revelations in the world of health and wellness. The Best of Africa tour awaits those who have always wanted to stroll on the Serengeti in September. To laugh like a hyena with Dr. Dave and the hyenas and get hip with Hepburn and the hippos call 1-888-432-8344 and/or go to www.wisequacks.org.*

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 2. *Girl With the Dragon Tattoo* by Steig Larson
 3. *Little Bee* by Chris Cleave
 4. *Sand In My Eyes* by Christine Lemmon
 5. *Without A Paddle* by Warren Richey
 6. *Cutting For Stone* by Abraham Verghese
 7. *Thirteenth Tale* by Diane Setterfield
 8. *Summer Island* by Kristin Hannah
 9. *Sanibel Island* by Yvonne Hill
 10. *Art of Racing in the Rain* by Garth Stein
- Courtesy of Sanibel Island Bookshop.*

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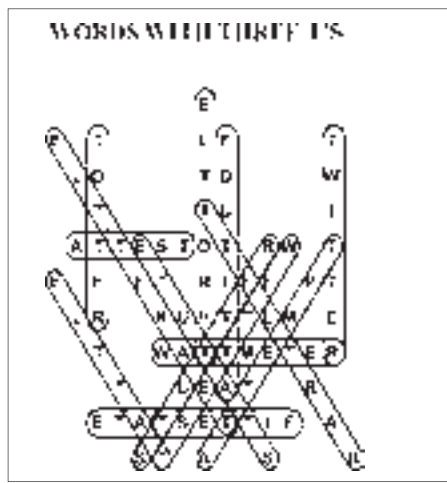
SUDOKU

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3	9	2	8	1	4	6	5	7
6	8	9	7	4	5	3	2	1
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KING CROSSWORD

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MAGIC MAZE



SUPER CROSSWORD

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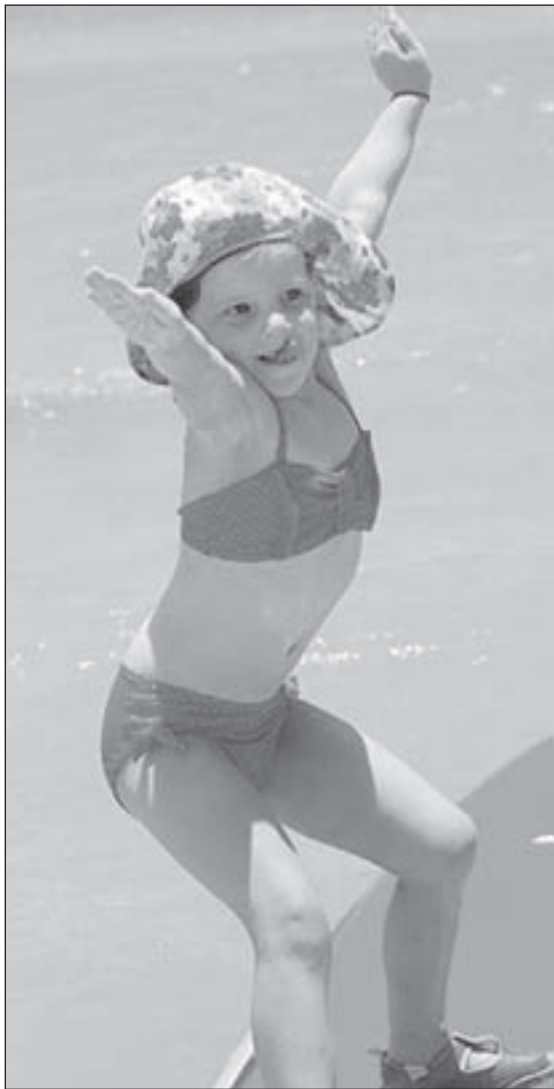
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Grace Robinson shows off her surfing skills

From page 20

Beyond Petroleum And Into Snappy Shrimp Week

Sanibel Sea School kicked off the 2010 summer camp season with Snappy Shrimp Week for the younger crowd: Thirty-four little four- to six-year-olds attended the week-long session. And if you see a very young Sanibel Sea School graduate at Bailey's or the Lazy Flamingo, ask them: What causes waves? (wind) What's the funny name for the group that shrimps belong to? (The four-year-olds may need a prompt – crust... crustaceans!) But you know, the facts will come with time. What really matters is that some of them looked in the ocean for the first time with a mask on. It matters that they met a group of college age kids who are dedicated to the ocean. It matters that they played outside on the beach. It matters that they stood up on a surfboard and slid across the water. That's good enough for today. Because today – the beach is lovely, the ocean is blue and it's a fine day to fall in love with the ocean. And when they are older, they can worry about oil at oil spill conferences like Doc Bruce and test the water, and listen to hearings, and worry about relief wells and all that stuff.*

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Snorkeling is way too fun for Clo Gross

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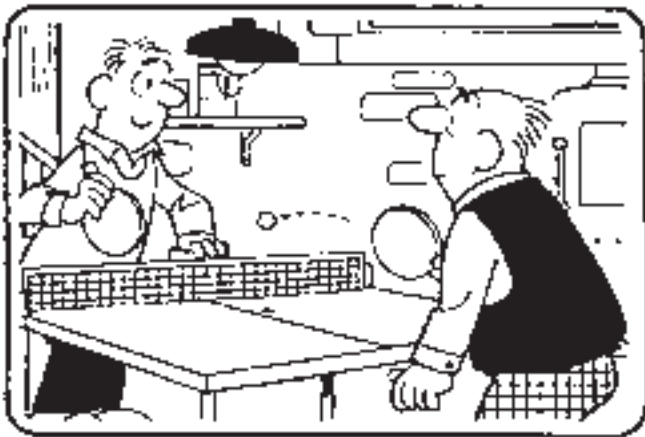
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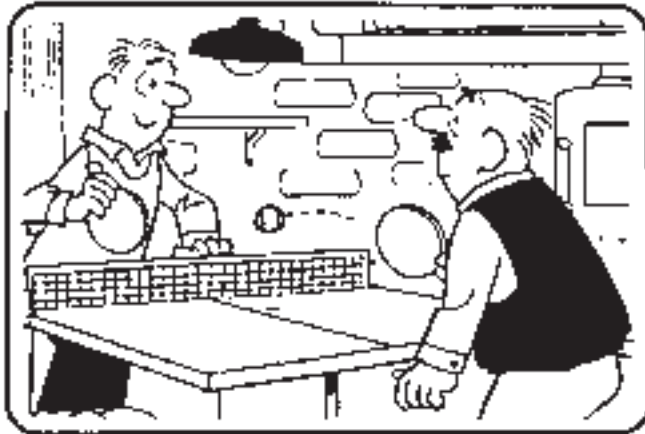


HOCUS-FOCUS

BY HENRY BOLTINGOFF



Find at least six differences in details between panels.



Differences: 1. Sails in distance? Man has a mustache. 3. Paints are different. 4. Items are missing from shelf. 5. Dishes added to wall. 6. Stairs are gone.

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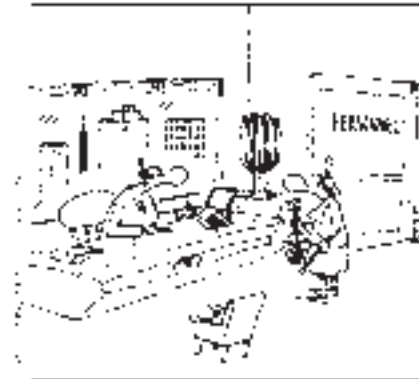
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Plain
EMLYHO

Saltie
ECDDIE

Workplace
FECIFO

TODAY'S WORD

answer on page 57

	4			1		7	
		3		2			5
5		6	4			9	
		1			3		2
	7			9			4
3			8			6	5
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2			1				6
	5			6			8

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 57

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S 12/26 B TFN

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SR 7/2 B 7/2

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For sublease on Periwinkle Way, Sanibel. Excellent exposure and convenient location, flexible square footage available to suit your needs. Call 239-472-2183 for more information.

SR 12/3 B TFN

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Retail space available on Periwinkle Way.

Frontage 2,100 sq. ft.

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RS 8/14 B TFN

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SR 10/12 B TFN

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- Immediate Occupancy
- Local/Pro-Active Owners
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SR 4/30 B TFN

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SR 8/7 B TFN

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DIRECT BAYFRONT COTTAGES

Popular west end where Sanibel/Captiva meet. 1 BR-3+BR, single story, furnished, full kitchens, 3 docks, direct access, heated pools, pet friendly, beach across street. Best spot on island. 239-848-0906

RS 3/12 M TFN

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Steps from the beach. 1 bdrm/1 1/2 bath, AC/heat, full kitchen, laundry. \$3,500/mo + tax Jan-Mar, neg.off-season. Call for availability.

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SR 1/9 B TFN

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First floor condo, completely redone - kitchen/bath/appliances/furniture - November 2005. TVs/DVDs, internet, pool/clubhouse. Just a few steps to beach.

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SR 1/26 M TFN

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S 10/9 B TFN

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SR 3/7 V TFN

ANNUAL/SEASONAL RENTAL

SANIBEL ARMS

2 BR 2 BA 1st floor corner unit on canal. Free boat dock. Fishing, lanai, pool, steps to beach. Interior & furnishings new Jan 2006. Weekly/monthly/seasonal. Call owner 419-566-8670.

SR 4/13 V TFN

ANNUAL OR SEASONAL RENTAL

Sanibel 2BR/2BA - Furnished, Central A/C, Wet Bar, Vaulted Ceilings, Direct TV, Internet, Pool, Screened Lanai, Garage. Call 954-605-3325 or 800-618-3325 for details.

SR 7/17 M TFN

SEASONAL RENTAL

TOO HOT!!

Head to the mountains Highlands, North Carolina Mountain cabin, loads of charm, peace and quiet Get back to nature Weekly or monthly rental

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RS 6/18 V 7/9

ANNUAL RENTAL

PROPERTIES AVAILABLE

For a complete list visit our Website
www.remax-of-theislands.com
Call Dustyn Corace, RE/MAX of the Islands
239-472-2311

RS 10/9 B TFN

ANNUAL RENTAL

One Bedroom Apartment for rent at 1506 Periwinkle Way. One bedroom one bath apartment over the VIP Vacation Rental office. Great location, close to everything. \$875 per month including electric. Call David or Ronna at 472-1613.

SR 6/18 B 7/2

DUPLEX ON SANIBEL

Very private, new carpets in bedrooms, porcelain tile throughout, hurricane shutters. Surrounded by conservation land. \$1,000 per month. Call 916-267-7606

RS 6/18 V 7/2

ONE PERSON RENTAL COTTAGE

New tile floors, large cooking kitchen, new bathroom, toilet Center Sanibel. No credit check. \$870/month plus electric

239-472-5222

RS 6/18 V TFN

ANNUAL RENTAL

ANNUAL RENTALS SANIBEL

ISLAND CHARMER

This quaint 2 story island home is just 2 lots off Beach, 2 BD/2 BA. Offered furnished. Must see @ \$1,450/mo.

WALK TO BEACH

This RARE 4 bedroom/3.5 bath piling home is located looking over observation land and is a short walk to beach. Updated, F or UF. \$2,100/mo.

MID-ISLAND HOME

This 2 bedroom/2bath ground level home offers carport and hot tub. \$1,500/mo. Includes yard care.

REDUCED PRICE

This 2 bedroom/1 bath UF duplex offers screened porch, w/d, views over water to Preserve. This piling duplex is a must see. \$900/mo

BEACHVIEW COUNTRY CLUB

This beautiful home offers 3 bed/2baths, tile throughout, updated pool and new paver pool deck, 2 car garage and close to the beach, UF. Includes pool and yard care. \$2,250/mo.

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Paul H. Zimmerman, Broker/Owner

S 6/18 B TFN

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RS 6/25 V 7/2

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SR 1/8 M TFN

JUST OVER CAUSEWAY. Great Location. Davis & Heald. 2BR-2BA. All Tile - All New Paint Plus Lanai. Washer & Dryer. Quiet & Secure. Four Unit Building. Looking For Right Tennant Not Right \$\$\$. Call 315-378-2233.

SR 6/11 M TFN

Island Sun
NEWSPAPER
Sanibel & Captiva Islands

FICTITIOUS NAME

FICTITIOUS NAME

NOTICE IS HEREBY GIVEN that the undersigned, desiring to engage in business under the fictitious name of CRANKINSTEIN, located in Lee County, Florida, with an address of 15717 Caloosa Creek Circle, Fort Myers, FL 33908 has registered said name with the Division of Corporations of the Department of State, Tallahassee, Florida.

Dated the 23th day of June 2010.

SR 7/2 B 7/2

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CROW

VOLUNTEER OPPORTUNITIES

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SR 9/5 N TFN

BARBER WANTED

Tony's Senior Barber Shop at McGregor Blvd & Gladiolus in the Kmart Plaza is looking for an experienced barber. Full or part time. Call 489-3370. Ask for Tony or Linda.

RS 6/25 V 7/9

HELP WANTED

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SR 6/25 V 7/2

POSITION WANTED

POSITION WANTED
Island resident seeking clerical or hospitality position. Excellent computer skills, legal, and generic office experience. Full or part-time. 472-0906 or 910-0583.

SR 7/2 V 7/9

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SR 9/11 B TFN

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RS 5/28 V 7/16

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SR 9/30 D TFN

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SR 10/3 B TFN

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RS 3/12 V 7/23

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RS 7/2 V 7/23

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Jack Luiszer SWF Bus Advisor
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699-5041 jaxlu52@gmail.com
SR 7/2 V 7/2

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SR 4/28 N TFN

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Hourly, Daily, Weekly and Monthly.
Captiva Island 472-5800
SR 1/30 B TFN

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SR 2/5 N TFN

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Excellent Condition
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ESTATE SALE
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HDTV with DVD player. Kitchen equipment.
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SR 7/2 P 7/2

GARAGE/YARD SALE

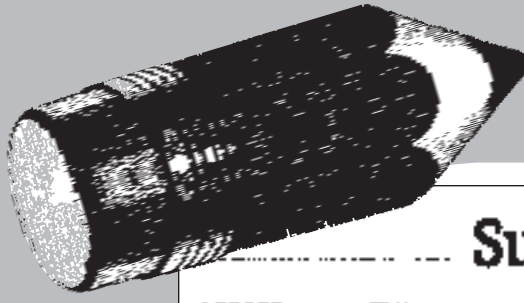
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SR 7/2 P 7/2

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- Lee County Sheriff's Office 477-1200
- On Call Captiva Deputy 477-1000
- Fire Department
- Sanibel 472-5525
- Captiva 472-9494
- Florida Marine Patrol..... 332-6966
- Florida Highway Patrol 278-7100
- Poison Control..... 1-800-282-3171
- Chamber of Commerce..... 472-1080
- City of Sanibel 472-4135
- Administrative Office 472-3700
- Building Department 472-4555
- Community Housing and Resources 472-1189
- Planning Department..... 472-4136
- Library
- Sanibel 472-2483
- Captiva 472-2133
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- Sanibel 472-1573
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- Captiva 472-1674
- Sanibel Community Association 472-2155
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- Arcade Theater..... 332-4488
- Art League Of Fort Myers 275-3970
- BIG ARTS (Barrier Island Group for the Arts)..... 395-0900
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- Gulf Coast Symphony 472-6197
- Lee County Alliance for the Arts 939-2787
- Naples Philharmonic..... 597-1111
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- Sanibel-Captiva Art League 472-4258
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- ABWA (American Business Women's Assoc.) 472-4499
- or csimontacchi@earthlink.net
- American Legion Post 123 472-9979
- Angel Flight SE 1-877-4AN-ANGEL
- Audubon Society..... 472-3156
- Sanibel Bike Club sanibelbicycleclub.org
- Community Foundation of Sanibel-Captiva 274-5900
- CROW (Clinic For The Rehabilitation of Wildlife) 472-3644
- FISH of Sanibel (Friends in Service Here)..... 472-0404
- Sanibel Island Fishing Club 472-7257
- Horticultural Society of the Islands..... 472-6940
- Horticulture and Tea Society of Sanibel and Captiva..... 472-8334
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- League of Women Voters..... 994-3388
- Lions Club (Tom Rothman)..... 395-3248
- Master Gardeners of the Islands 472-6940
- Newcomers 472-9332
- Notre Dame Club of Lee County 768-0417
- Optimist Club..... 472-0836
- PAWS 472-1027 or 472-9383
- Rotary Club 472-7257 or 472-0141
- Sanibel Beautification Inc..... 470-2866
- Sanibel-Captiva Orchid Society 472-6940
- Sanibel-Captiva Power Squadron 472-3828
- Sanibel-Captiva Shell Club..... 395-1770
- Sanibel Youth Soccer 395-2040
- www.sanibelsoccer.org
- The Military Officers Assc. of America (MOAA, Alex MacKenzie)..... 395-9232
- United Way of Lee County 433-2000
- United Way 211 Helpline (24 hour information line) 211 or 433-3900
- Zonta Club 671-6381
- ISLAND ATTRACTIONS
- Bailey-Matthews Shell Museum..... 395-2233
- J.N. "Ding" Darling National Wildlife Refuge..... 472-1100
- Sanibel Historical Museum & Village..... 472-4648
- SCCF (Sanibel-Captiva Conservation Foundation) 472-2329



BEACH CHAIR PASTIME

Answers page 57

Super Crossword DILEMMA

- ACROSS**
- 1 Lump
 - 5 Showed sorrow
 - 9 Anthony of "Boston Public"
 - 14 Jambalaya ingredient
 - 16 Hammer found
 - 20 Where to find an eagle
 - 21 Songwriter
 - 22 Spent long
 - 23 Fertile soil
 - 24 Tumble
 - 25 Java name
 - 26 — garden
 - 27 Start of a remark
 - 31 Hemotile stain
 - 32 Vigoda or Saperstein
 - 33 Slippery character?
 - 34 Brit "ers"
 - 37 Singer
 - 41 Dot
 - 44 Faucet
 - 47 94 Across highlight
 - 49 Part of part
 - 50 "The Jungle Book" boy
 - 52 Cask
 - 54 Part of remark
 - 57 "Love — the Band" (75 film)
 - 58 Neon —
 - 60 Cap or doorman
 - 61 Bookstore section
 - 62 Beg
 - 63 Precambrian —
 - 65 In honor of
 - 66 Snuck and —
 - 68 above (somewhat superior)
 - 69 Part of remark
 - 75 Baseball "army" name
 - 76 Antifoxes
 - 77 Mouth
 - 78 Long or Peoples
 - 79 Seldantly leader
 - 81 Forger's need
 - 83 Cultural
 - 84 Wear away
 - 89 Carthaginian
 - 90 Part of remark
 - 93 Comic
 - 94 Bizar opera
 - 96 Nasly
 - 97 "How sweet —!"
 - 98 Opt.'s superior
 - 100 Type of fuel
 - 101 Porgy and Bess
 - 104 Fast fier
 - 105 He gives a hook
 - 107 Code of Donatison
 - 108 Male swan
 - 110 End of remark
 - 121 Biblical city
 - 122 "That's (54 line)
 - 123 Across
 - 124 Gymnast
 - 125 "West Side Story" role
 - 128 Porcine propeller
 - 127 Tel —
 - 128 Crucifix
 - 129 Texas state tree
 - 130 Marvel marvel
 - 131 City of Dior
 - 132 Dwarf
- DOWN**
- 1 French
 - 2 Sudan, today
 - 2 From
 - 3 Command
 - 4 Meads
 - 5 Breakfast
 - 6 Moxley of "NYPD Blue"
 - 7 Disagreeable sort
 - 8 Hard to believe
 - 9 Pina's wife
 - 10 Cheer
 - 11 — Rambo
 - 12 Mortgage for one
 - 13 Actor Amie
 - 14 Serenity
 - 15 Disgust
 - 16 Composer
 - 17 Deep red
 - 18 Volleyball device
 - 28 City on the Danube
 - 29 Kind of fish
 - 30 Forwick or Carter
 - 34 Snitches
 - 35 Island sea
 - 36 Pix —
 - 38 Baton
 - 39 Rouge cod
 - 39 Clam
 - 40 — Maui
 - 41 Eps
 - 42 It darkens your doorway
 - 43 Bed-to-bo
 - 45 Jan
 - 46 Follow
 - 48 "— you for real?"
 - 50 2001, to
 - 51 Skater
 - 53 P., brener
 - 55 At guy time
 - 56 Brewer or Wright
 - 57 Orion tar
 - 58 Part of D.E.D.
 - 61 Tolu base
 - 62 Occupation
 - 64 Sac through
 - 65 Cozy cloth
 - 67 Tons of time
 - 69 Mlc cigars
 - 70 Fermented tea
 - 71 Dejected
 - 72 Shock
 - 73 Word with baby or snake
 - 74 Inauguration Day event
 - 75 Filled with wonder
 - 80 Instant, for short
 - 82 Coq au —
 - 84 — doll
 - 85 '87
 - 88 Egyptian deity
 - 87 "— is ve"
 - 89 Supper of
 - 90 Princess
 - 91 Klutz
 - 92 Plastic —
 - 95 Bd of
 - 96 Infiltrate commu
 - 99 Honda competitor
 - 101 Winsley's creator
 - 102 From C to shinning C?
 - 103 TV's "Scooby —"
 - 106 '81 John Lennon hit
 - 107 Senegal
 - 109 Borg of tennis
 - 110 Across
 - 111 Banks backup org.
 - 112 Clammy
 - 113 "Typee" sequel
 - 114 A bit of Beethoven
 - 115 Weekend warriors
 - 116 Dorset
 - 117 Frog's
 - 118 South African plant
 - 118 S. karaky or
 - 119 Stray mky
 - 120 Drame of "Christow"
 - 121 Weaken

King Crossword

- ACROSS**
- 1 She game
 - 2 Who a group
 - 3 Lamy
 - 8 Low be re
 - 14 With eyes
 - 15 Is it's near
 - 16 Government official
 - 17 Links prop
 - 18 Cutie, 2012
 - 19 Party Masson
 - 20 Horse ce —
 - 21 Island
 - 22 Cleser
 - 23 Spanish
 - 24 Go and the
 - 27 Peach
 - 28 Baby's
 - 30 Connected
 - 32 End of Lamer
 - 35 Pique
 - 37 Doh's
 - 38 Krypt
 - 39 Fava lala
 - 40 Stare up
 - 41 Always
 - 42 center
- DOWN**
- 1 West Point
 - 2 "My Name Is"
 - 3 It's nothing
 - 4 Stores
 - 5 — loss
 - 6 Ty mcpit
 - 7 mgspeant
 - 8 "Star Wars"
 - 9 Hite-
 - 10 Shating
 - 11 Surtide
 - 12 Sweden
 - 13 Eggplant
 - 14 Whely
 - 15 Heavy
 - 16 Weight
 - 17 Unpleasant
 - 18 antehwa
 - 19 Sewer
 - 20 Oms
 - 21 Increase
 - 22 Last fraction
 - 23 De-ur-
 - 24 monkey
 - 25 1970s
 - 26 Run as
 - 27 Supply the
 - 28 Libere-
 - 29 Tress an
 - 30 Campus
 - 31 Boring
 - 32 Boring or
 - 33 Burn roof
 - 34 attachment
 - 35 Sault

WORDS WITH MAGIC MAZE • THREE T'S

I N P M H E E R Y V T Q O I
 F I G D B Y L E W I R P T M
 K L O O T F A T D I E D B W Y
 W U I S Q U M I K I E D I B
 Z A L L E S T O I N R W W I U
 F S E Q F I O R I E E N P I I
 J U R R I K U H I I M D I C
 A Y I W A (W A I M E I I R) I
 S O P I N L U L A I K I R H I
 F C E I A I S E I I I E B A Z
 Y W A U S I S A R Q S P N M U

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The Most Exclusive Properties in Southwest Florida Only From McMurray & Nette



A TRUE GARDEN PARADISE AWAITS YOU....

Behind this door on Kinzie Island. "La Tuilerie", designed by nationally known local designer, W.A. "Bud" Lawrence, was designed with the finest elements of a Charleston single home with a touch of rich Louisiana past. The home is dynamic yet timeless, elegant yet earthy and above all dramatic to the eye and soothing to the spirit. This home offers too many custom features to mention. This is a special home and one for those that appreciate, understand, and desire quality and character. Kinzie Island is a unique, private, gated enclave of exceptional homes and superb amenities hidden on the East end of Sanibel Island. **\$1,990,000**



BEST NEAR BEACH ISLAND BUY....PERIOD!

Excellent island getaway located in sought after Santiva area. Steps away from the best beach, fishing and dining area on Sanibel & Captiva. Enjoy fantastic sunsets year round with this great 3 BR/2 BA home with vaulted wood beam/tongue & groove ceilings, granite kitchen, wood burning fireplace, family room, large screened lanai, huge backyard and more. This is a diamond in the rough and a must see! **\$498,000**



TOTALLY REMODELED DIRECT BEACHFRONT LUXURY PENTHOUSE.

Located on Exclusive West Gulf Drive in one of Sanibel's best low density luxury condominium developments, this true 3 bedroom, 2 1/2 bath luxury unit. Fully renovated and furnished as designer model. Stone flooring, granite countertops, plantation shutters. Gorgeous beach and water views. Large screened in lanai. Beautiful landscaped development surrounding tennis court and wonderful beach side pool area. Turn key luxury. **\$1,649,000.**



THE BEST DEAL ON CAPTIVA WITH A BOAT DOCK!

Fantastic get-away offering the utmost in Island amenities. Located on the Tween Water Stretch this 3-BR w/den Mediterranean style home w/boat dock and beach access offers a private courtyard feel. Includes private heated pool, multiple open and screened lanais, outdoor fireplace, high ceilings, Mexican tile floors throughout, Cypress beamed ceilings, elliptical archways, high doors, extensive moldings, impact resistant windows, open kitchen and more. Excellent rental income w/\$100K(+) a year of proven income. **PRICE REDUCED \$1,449,000**



BEST INVESTMENT CONDO BUY ON THE BEACH WITH CABANA & GARAGE!

Gorgeous direct gulf front, low density, 2 bedroom with den that has completely been remodeled. New custom cabinetry throughout, new top of the line stainless steel appliances, new granite throughout, new travertine flooring, new carpet, new doors/trim/base, new high impact windows/sliders, new showers & tub areas, new fixtures, new plumbing/electrical. Its all new & ready to move in. White Sands is very private, west gulf location, gulf front pool, tennis, private garages & more. Fantastic weekly rental unit. **\$789,000**



"ALOHA BABY" - A CAPTIVA BEACH HOME

Mediterranean style 5 bedroom offering spectacular Gulf of Mexico & sunset views. Sophisticated and relaxing designer faux painting & furnishings. Tropical feel with gorgeous landscaping surrounding pool & spa area. Wonderful entertaining home offering wood flooring, elevator, theatre room, beautiful crown molding, security system. Open kitchen to great room. Panoramic vistas from open air balconies. A very special offering within walking distance of village amenities. **\$3,495,000**



A "ONE OF A KIND" MASTER PIECE on CAPTIVA ISLAND

Custom built to the highest residential and commercial standards this Architectural Gem designed especially for its owners by a Nationally acclaimed architect is compared to no other. This Luxury Residence with picture framed Panoramic beach & water views features Over 12,000 sq ft of living and 21,000 total sq ft w/ 7BR En-suites on a huge beach front parcel with 150 feet of shoreline on the best spot along Captiva's Gold Coast. Multi-level balconies. The Most Amazing Theater room, Family "fun room"/Arcade, Fitness & Billiard areas, His and her studies, Multi level terraced pool, spa, waterfall & entertainment area. **\$18,000,000**



"A" RATED 2 BR INVESTMENT CONDO

Located in one of Sanibel's most desirable condominium life styles, Sanibel Moorings. This remodeled, beautifully decorated 2nd story townhouse features new carpet, new baths, new paint, new tile kitchen, new tray ceiling, new furniture, new a/c & appliances and is the perfect island getaway. Features also include excellent rental income between \$25K & 32K annually, on-site rentals and management, a lush tropical setting with beautiful well kept grounds, private but family oriented setting, pool/tennis & sandy beach, historic lighthouse end of the island locale and more. A must see. **\$419,900**



PRIME LEASE SPACE OPPORTUNITY AT THE ISLANDER CENTER

Fantastic Periwinkle Way Frontage located in recently updated high traffic destination center in the Heart of the island and commercial district. Excellent parking, great visibility from all angles of Periwinkle. Lush landscaping. Inviting Island feel with excellent existing tenants. Great Signage, Ground level, handicap access. Immediate Occupancy with flexible space available. Local and Pro Active Owners that are easy to work with. Call Today!

We specialize in Luxury Real Estate and Lifestyle Properties. With over 30 years of experience,
we know what you want and how you want to do business.

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